

Non-Cirrhotic Portal Vein Thrombosis: Perspectives in 2015

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Non-Cirrhotic Portal Vein Thrombosis: Perspectives in 2015

Dominique-Charles Valla

I have no conflicts of interest to disclose

Non-cirrhotic, non-malignant PVT Perspectives in 2015

- Causes and risk factors
- Treatment

Risk factors for deep vein thrombosis

PC, PS, AT deficiency

FV Leiden, FII Leiden

Fibrinogen levels

Factor VIII levels

Overall hypofibrinolysis

PAI-1

TAFI

Antiphospholipid antibodies

Non-O blood groups

Hormonal factors

Immobilization

Malignancy

Surgery

Obesity

Myeloproliferative neoplasms

PNH

Behçet disease

Other autoimmune diseases

Local inflammation

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~~PNH~~

~~Behçet disease~~

~~Other autoimmune diseases~~

Local inflammation

Central obesity and portal vein thrombosis

PVT		with causes	idiopathic	<i>P</i>
N				
BMI				0.004
V				0.004
T2				NS
Triglyceride			0.6	NS
HDL cholesterol	g/L	0.5 ± 0.39	0.5 ± 0.3	NS

- Obesity associated overproduction of procoagulant microparticles and increased thrombin generation
- Independent from metabolic syndrome

Campello. Thromb Haemost 2015

Risk factors for portal vein thrombosis

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~~Hormonal factors~~

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~~PNH~~

~~Behçet disease~~

~~Other autoimmune diseases~~

Local inflammation

PVT after laparoscopic bariatric surgery

- Incidence of symptomatic cases ~ 1%
on prophylactic anticoagulation RR > 100
- Previous deep vein thrombosis in ~ 50%
Prothrombotic condition in ~ 50%
- Recanalization on anticoagulation in ~ 40%
- Intestinal infarction uncommon ?

Rottenstreich, Surg Obes Related Dis 2014.

Rajani, APT 2010

Goitein, JAMA/Surg 2013. Salinas, Surg Endosc 2014.

Risk factors for portal vein thrombosis

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~~Other autoimmune diseases~~

Local inflammation

Idiopathic portal hypertension

Idiopathic portal hypertension

A high risk factor for PVT

Extrahepatic PVT (5 yrs) 18-50%

Blood stasis in portal vein?

Underlying prothrombotic conditions?

Primary alterations of portal venous wall?

Causes and risk factors for PVT – 2015

- The impact of recognizing causes
- How to improve the recognition of causes ?

The impact of recognizing the causes for PVT

- An explanation for the location
- A determinant of outcome
- An indication for cause-specific therapy

Non-cirrhotic, non-malignant PVT

Risk factors for venous thrombosis

- At least one 67%
- Multiple 18%
- Local factor 21%
- No local factor 79%

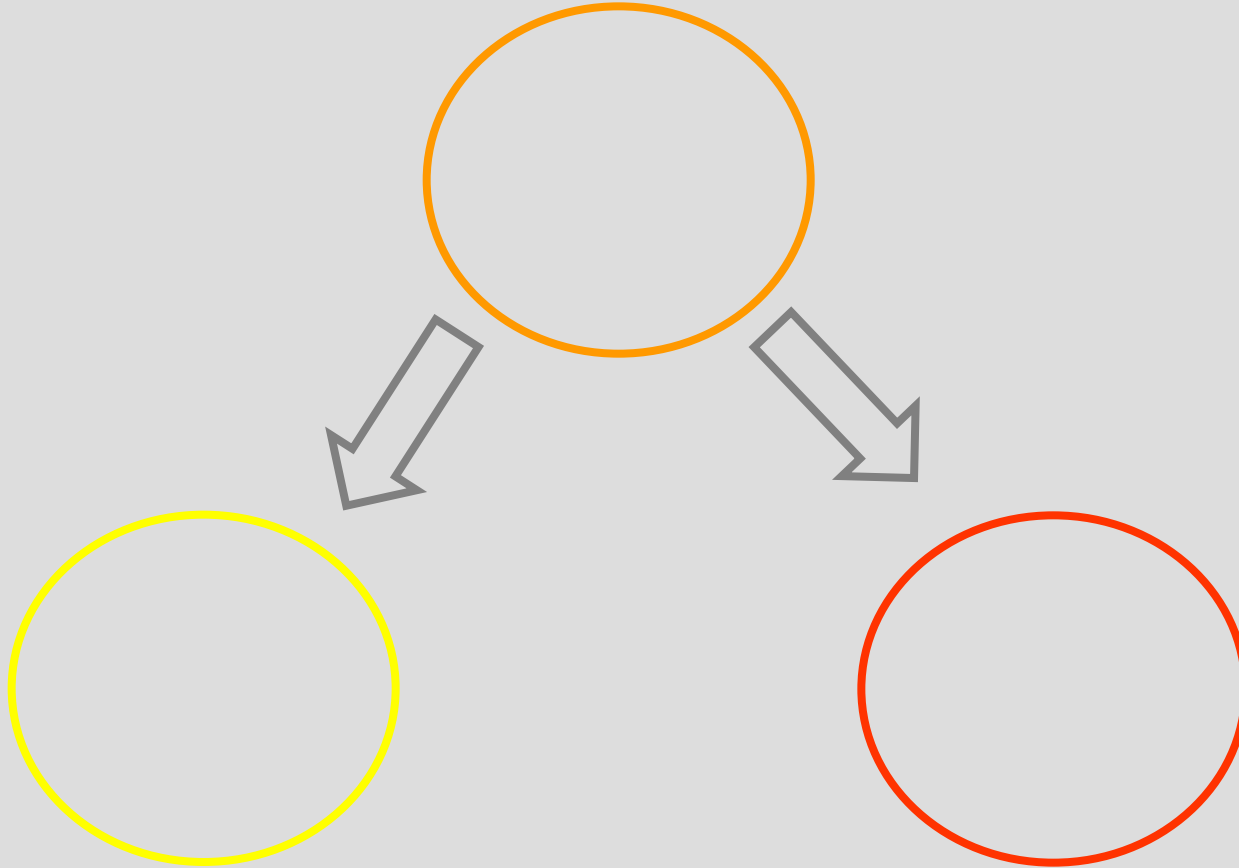
Site specificity for thrombosis in MPN

	<u>V617F <i>JAK2</i></u>
Hepatic vein thrombosis	35-50%
Portal vein thrombosis	20-35%
Extra-splanchnic thrombosis	2%
General population	0.2%

Mercier, NEJM 2007. Pardanani, Leukemia 2007. Plessier, Hepatology 2009.
Kiladjian, Blood 2008, Dentali, Blood 2009. Smalberg, Blood 2012

Hemangioblast

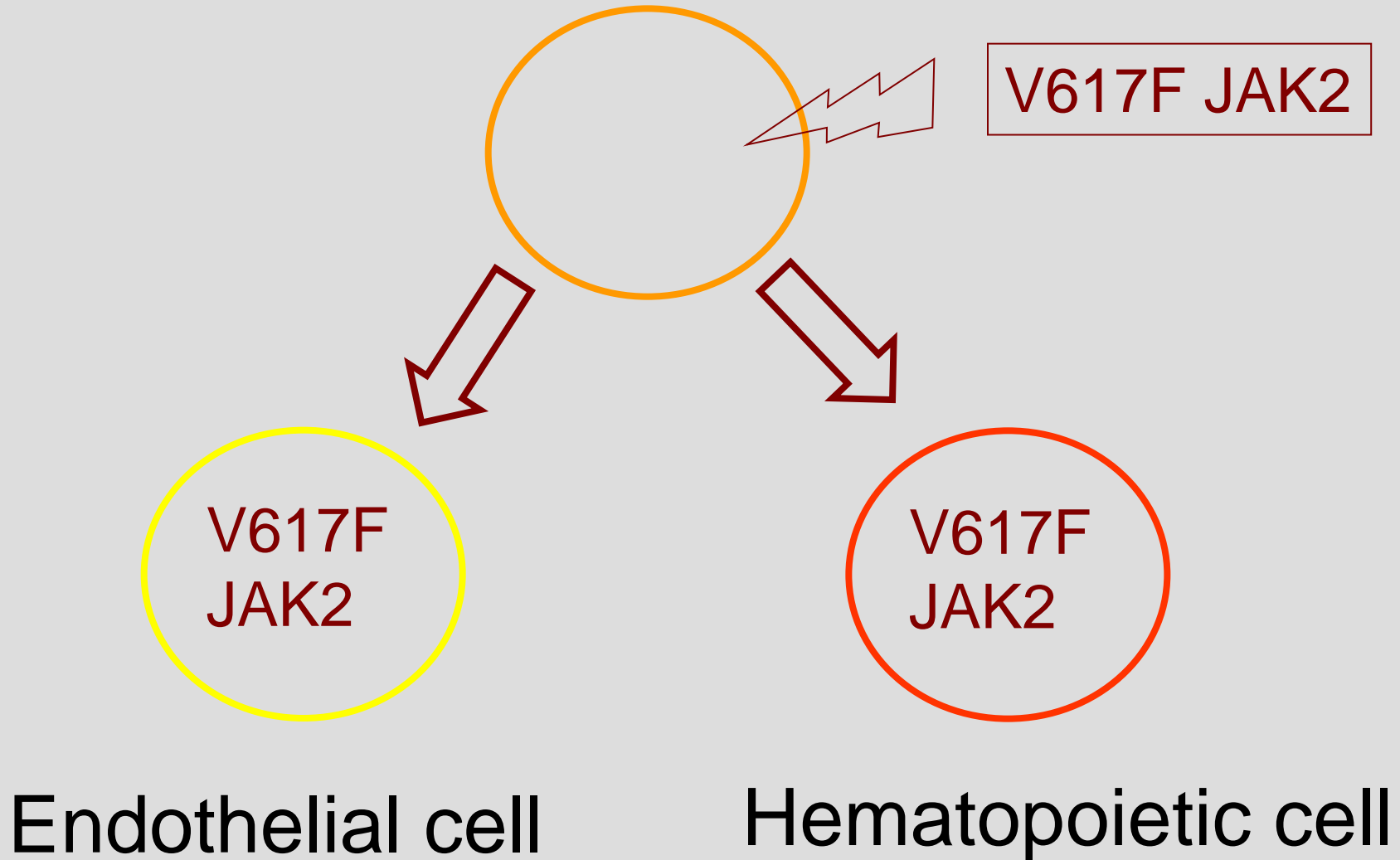
Fetus



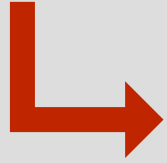
Endothelial cell

Hematopoietic cell

Common precursor



MPN/G-JAK2^{V617F} 42/31

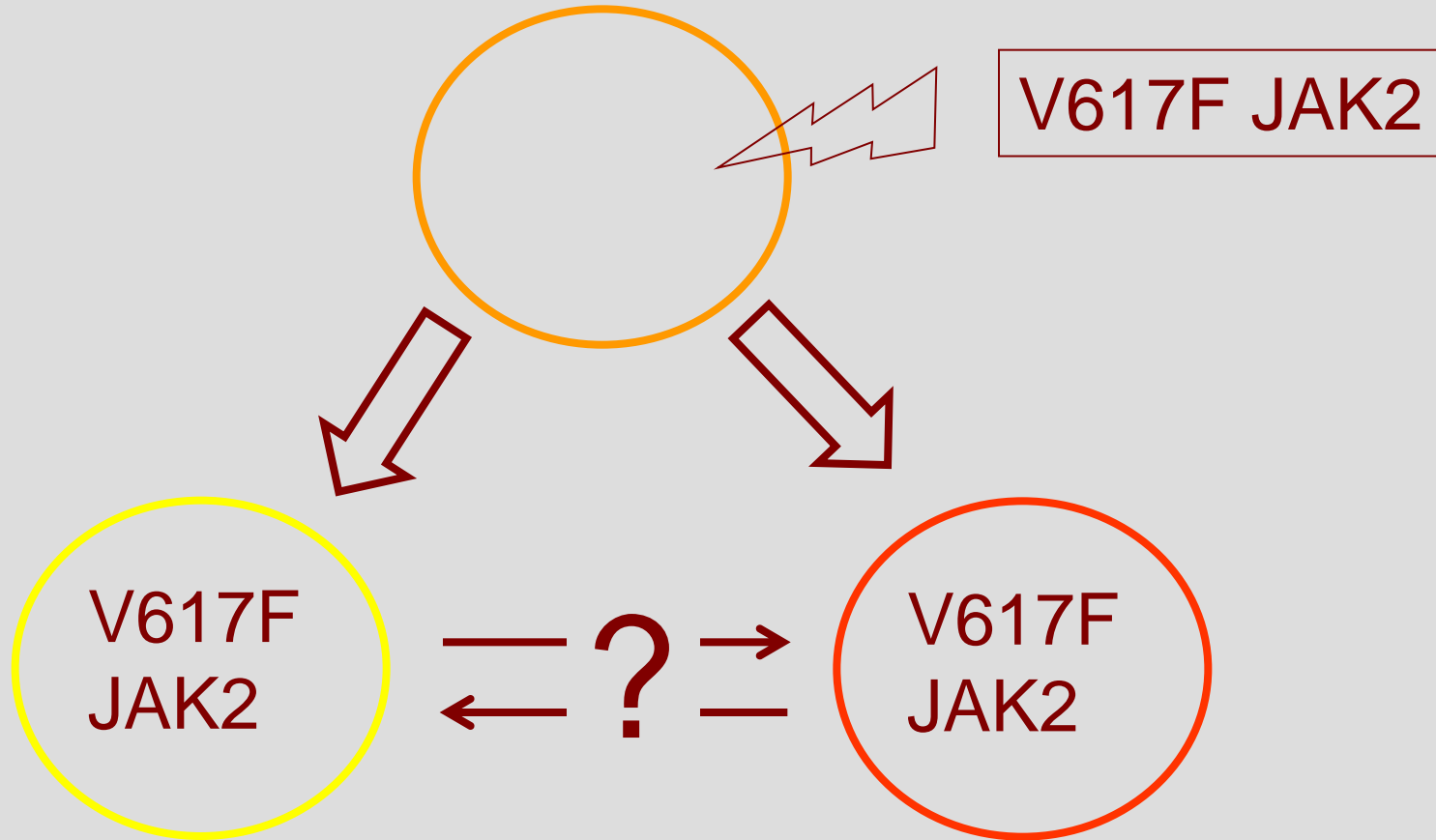


E-CFCs/G-JAK2^{V617F} 22/17



E-CFCs-JAK2^{V617F} 5

Common precursor

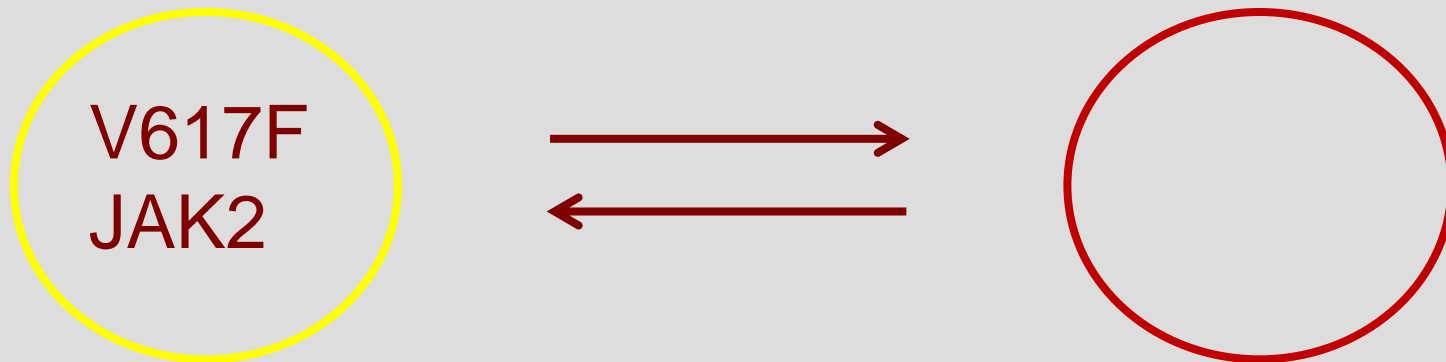


Endothelial cell

Hematopoietic cell

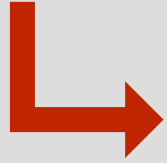
Circulating
endothelial cell progenitors

Mononuclear cells

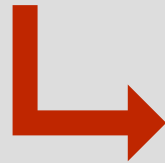


- Increased activation of JAK/STAT pathways
- Increased proficiency to adhere to mononuclear cells
- High granulocyte counts, high V617F-JAK2 load

MPN/G-JAK2^{V617F} 42/31



E-CFCs/G-JAK2^{V617F} 22/17



E-CFCs-JAK2^{V617F} 5



Thrombosis 5

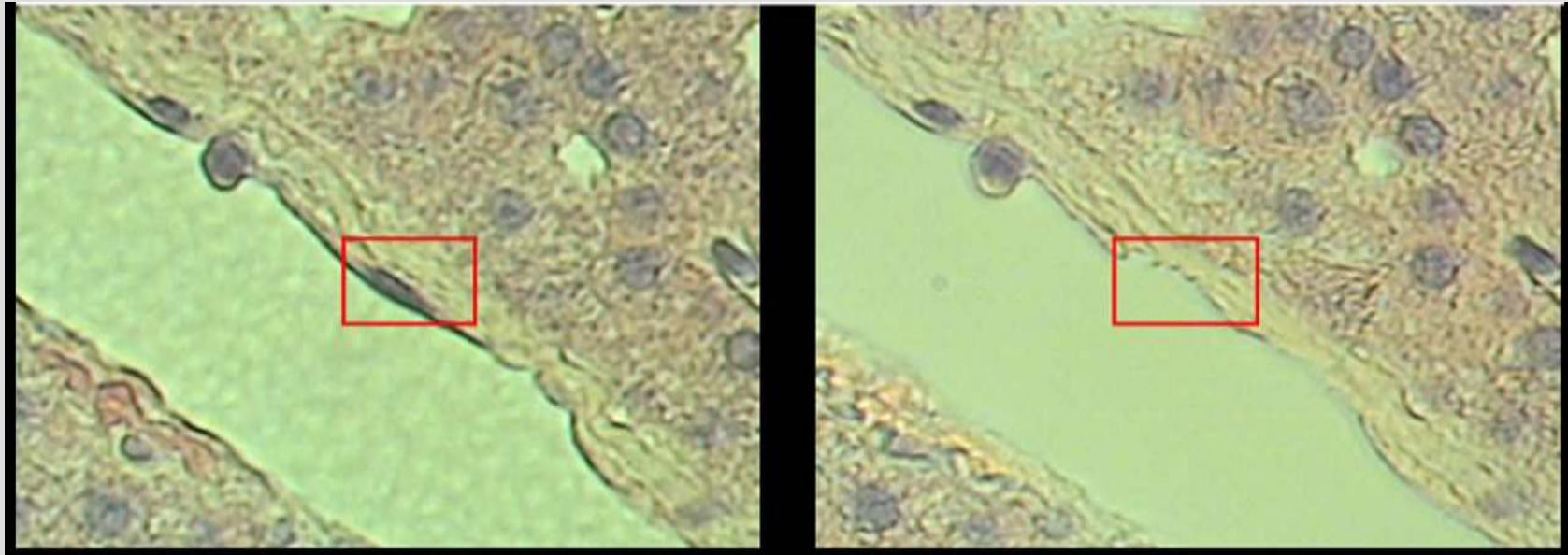
BCS 1

PVT 1

IPH 1

V617F JAK2 mutation and liver endothelium

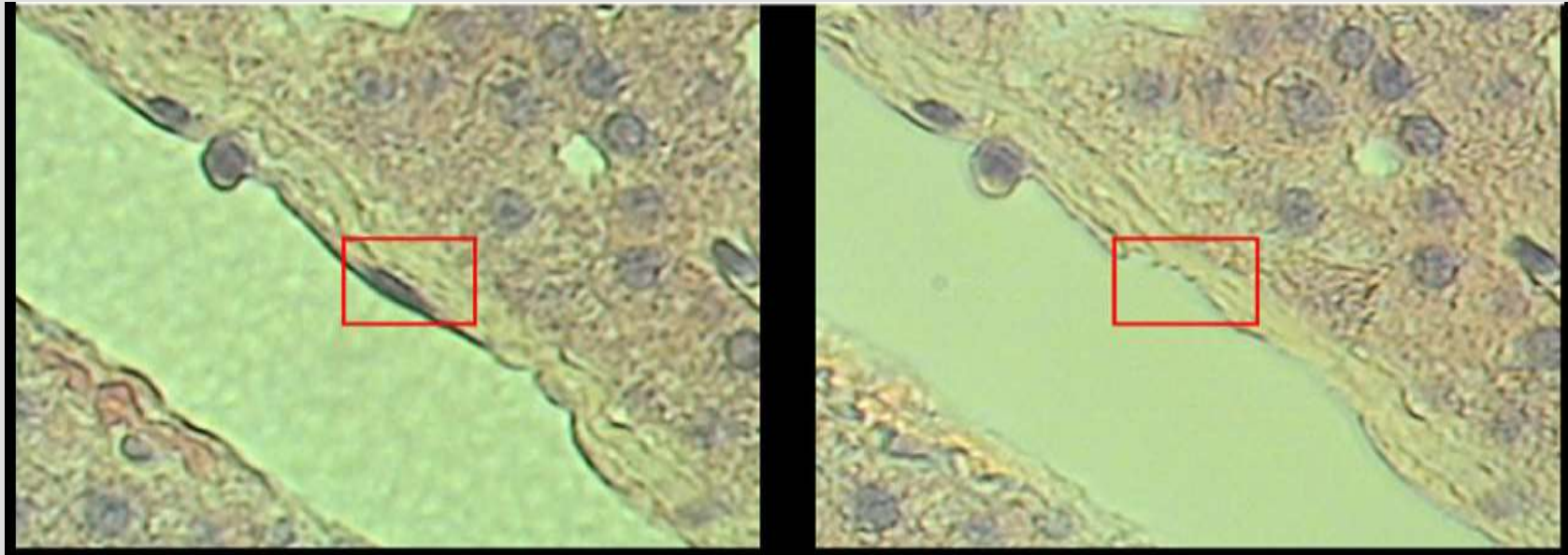
- Laser capture microdissection
HV endothelial cells, hepatocytes, blood cells.
- Nested PCR for *JAK2*^{V617F}



V617F JAK2 mutation and liver endothelium

2 of 3 BCS patients with $JAK2^{V617F}$ Polycythemia Vera

0 of 2 OPV controls without Polycythemia Vera



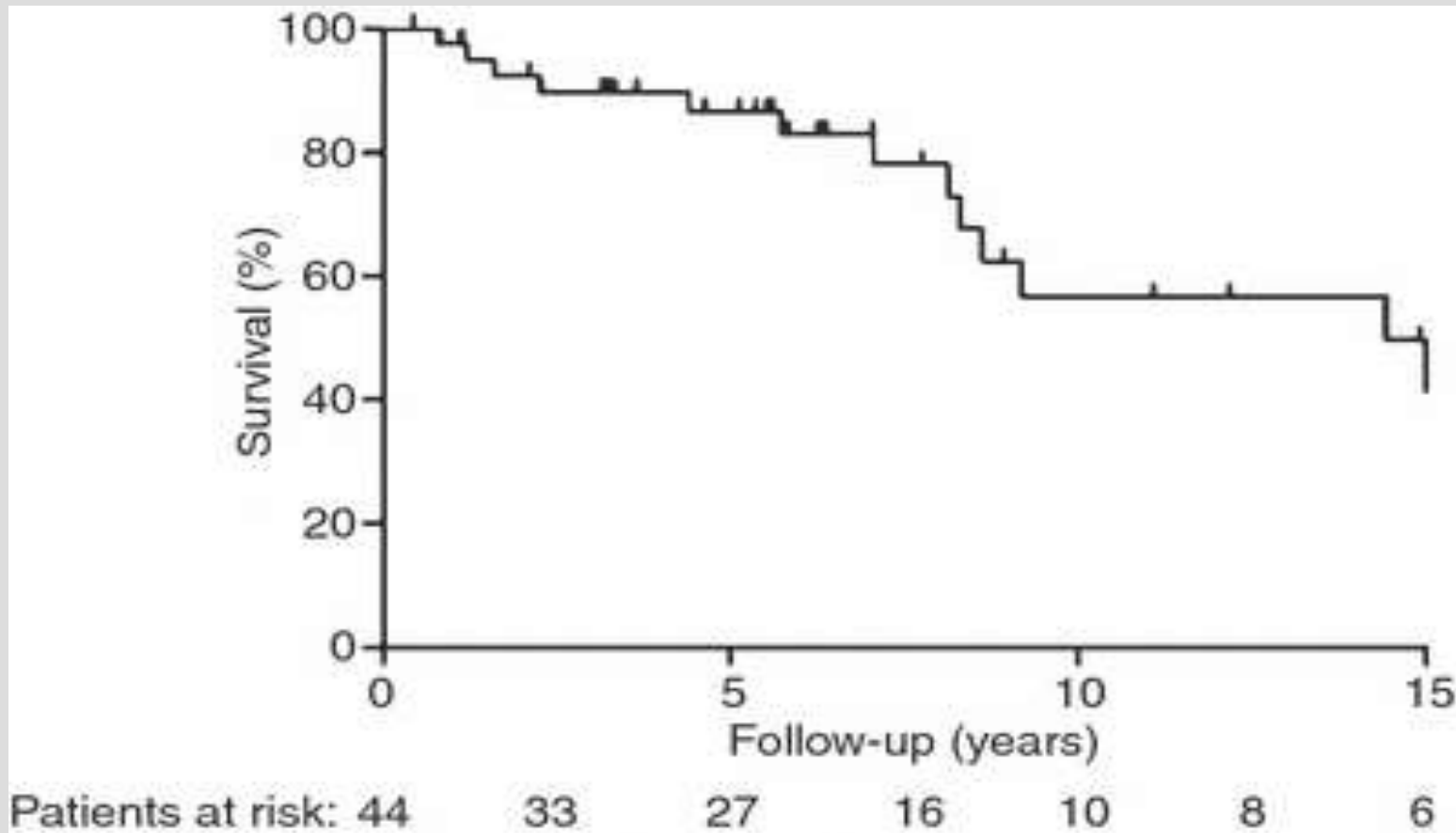
The impact of recognizing the causes for PVT

- An explanation for the location
- **A determinant of outcome**
- An indication for cause-specific therapy

Causes of death in PVT patients

	PVT	PVT/MPN
Number	120	44
F-u - <i>months</i>	66	70
Non liver-related - <i>N</i>	29	17
MPN - <i>N</i>	6	8
Bleeding - <i>N</i>	5	0
Thrombosis - <i>N</i>	3	3
Other/Unknown - <i>N</i>	15	6

Portal vein thrombosis and MPN



Mean age at diagnosis 48 years – Hoekstra, JTH 2011

The impact of recognizing the causes for PVT

- An explanation for the location
- A determinant of outcome
- An indication for cause-specific therapy

Splanchnic vein thrombosis and MPN

Impact of treatment for MPN

Budd-Chiari syndrome
(N = 46)



Major events
(N = 33)

Portal vein thrombosis
(N = 63)

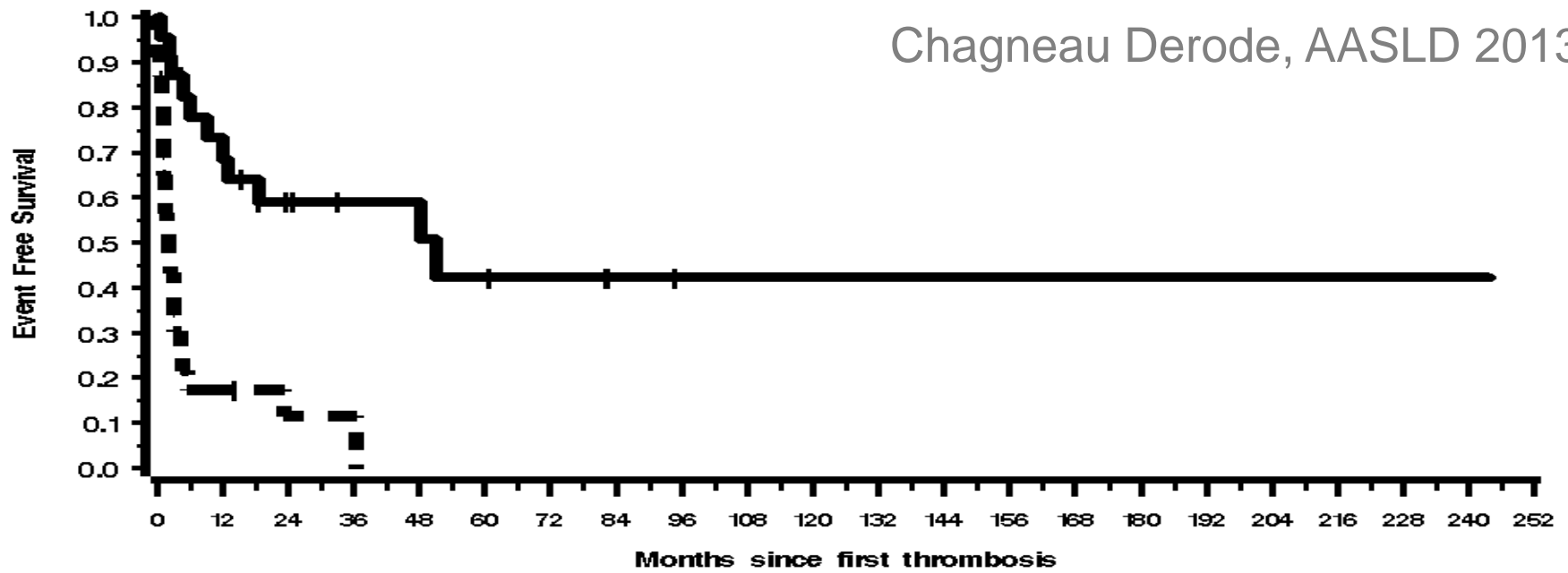


Major events
(N = 26)

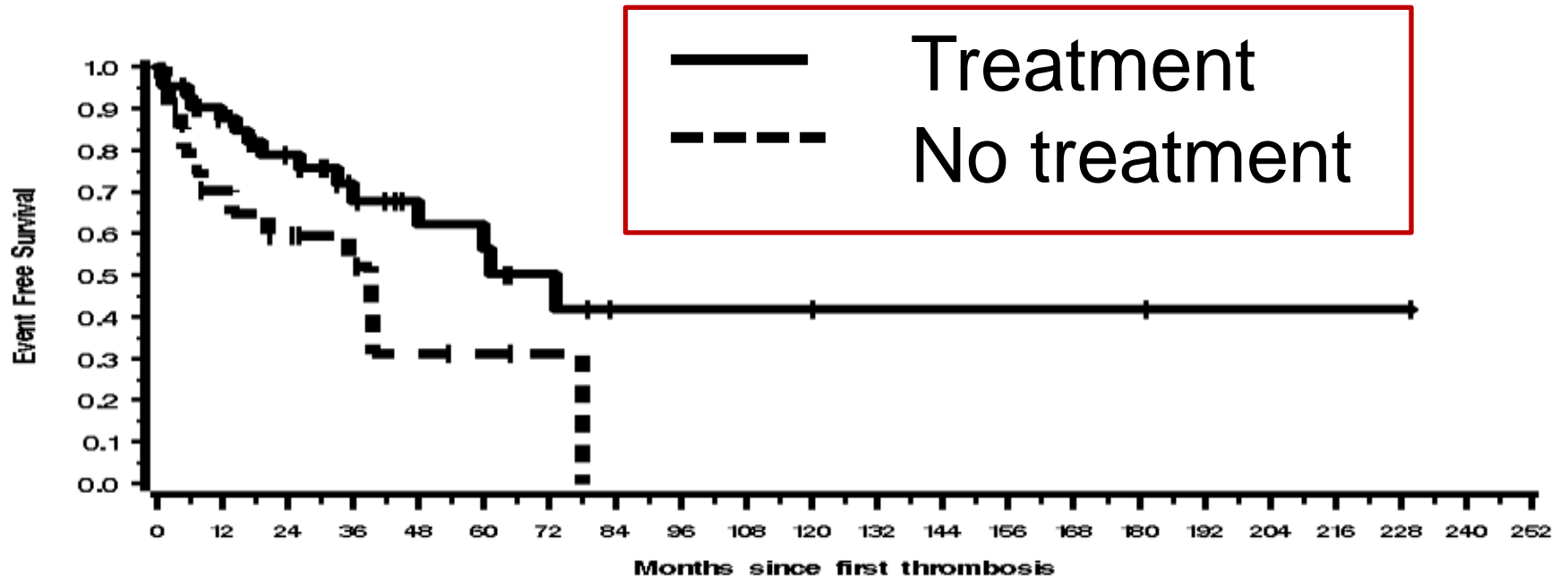
Only independent factor:
absence of cytoreductive therapy after SVT diagnosis

Major vascular or liver-related events:
thrombosis, hemorrhage, refractory ascites, hepatorenal syndrome, encephalopathy, death or liver

BCS



PVT



The impact of recognizing the causes for PVT

- Causes and risk factors may explain the location of thrombosis.
- Underlying causal disease is a major determinant of long term outcome.
- Cause-specific therapy could impact overall outcome.

Causes and risk factors for PVT – 2015

- The impact of recognizing causes
- How to improve the recognition of causes ?

Risk factors for portal vein thrombosis

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Immobilization

Malignancy

Surgery

Obesity

Myeloproliferative neoplasms

~~PNH~~

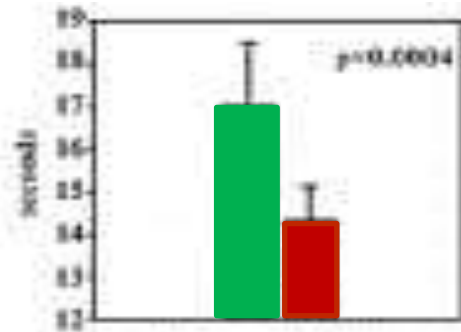
~~Behçet disease~~

~~Other autoimmune diseases~~

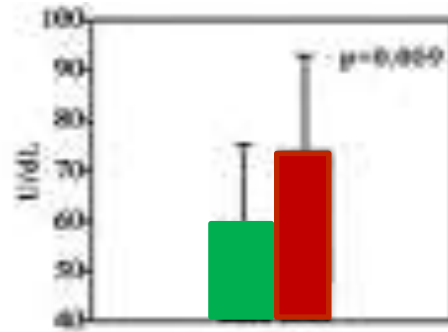
Local inflammation

Idiopathic portal hypertension

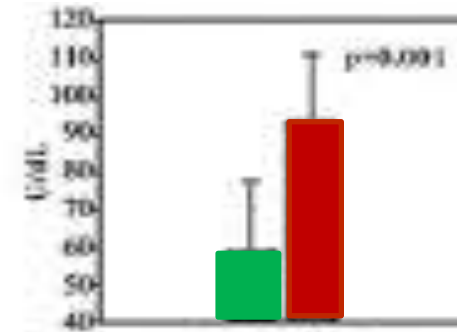
Coagulation inhibitors and PVT



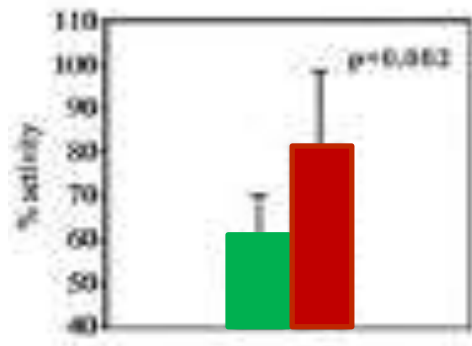
Prothrombin Time



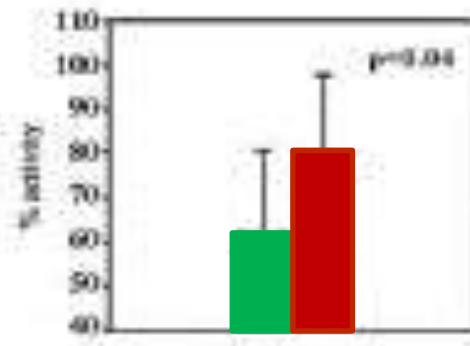
Factor V



Factor VII



Protein C



Protein S

■ Prior to Rex shunt
■ 1 yr after Rex shunt

PVT patients with protein C deficiency (n=18)

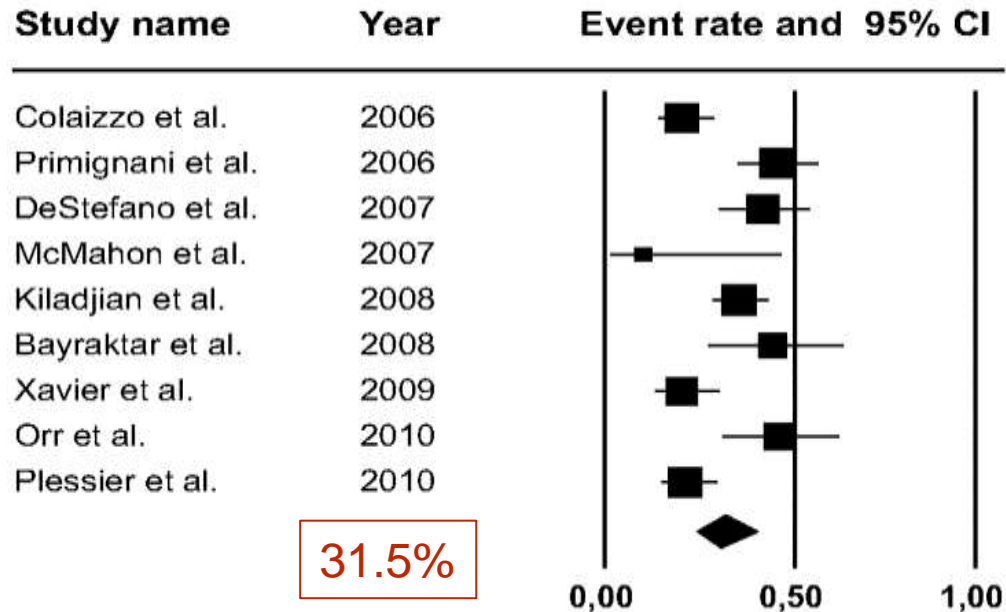
<i>PROC</i>	PC %	Other	History
F118V	59		low PC (father & daughter)
N389K/type II	38		No
R194 C	57		No
R40C	58	MPN	Past DVT
R57W	33	APLS	No

PVT patients with protein S deficiency (n=17)

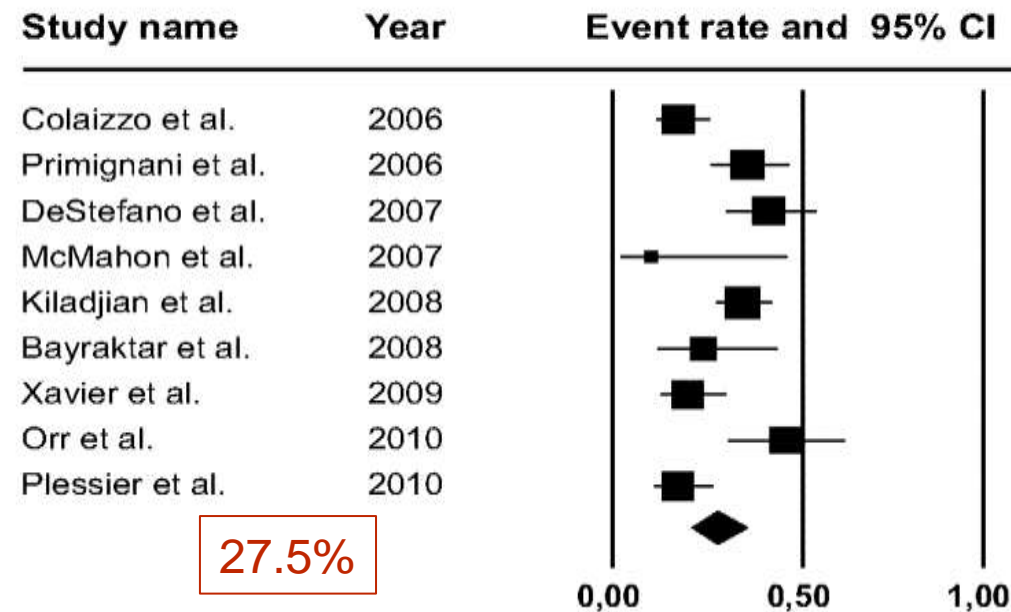
<i>PROS1</i>	PS %	Other	History
R40L	43	APLS	No
N258S	19		PVT (brother)
V510M/type II	43	HIV	No
R101 C	28		No

Myeloproliferative neoplasms and portal vein thrombosis

A Myeloproliferative neoplasms in patients with portal vein thrombosis



B JAK2V617F in patients with portal vein thrombosis



Other MPN mutations in splanchnic vein thromboses

<i>JAK2</i> exon 12	0/268
<i>MPL515</i>	3/305
<i>CALR</i>	8/361

Smalberg. Blood 2012. Turon J Hepatol 2014.
Plompen Hematologica 2015. Rautou J EASL ILC 2015

JAK2 V617F

Pos^{ve} → MPN

CALR mutations

Pos^{ve} → MPN

Bone marrow biopsy

Pos^{ve} → MPN

No MPN ?

Causes and risk factors for PVT – 2015

- The impact of recognizing causes
- How to improve recognition ?

High throughput biology
Genetics
Metabolomics

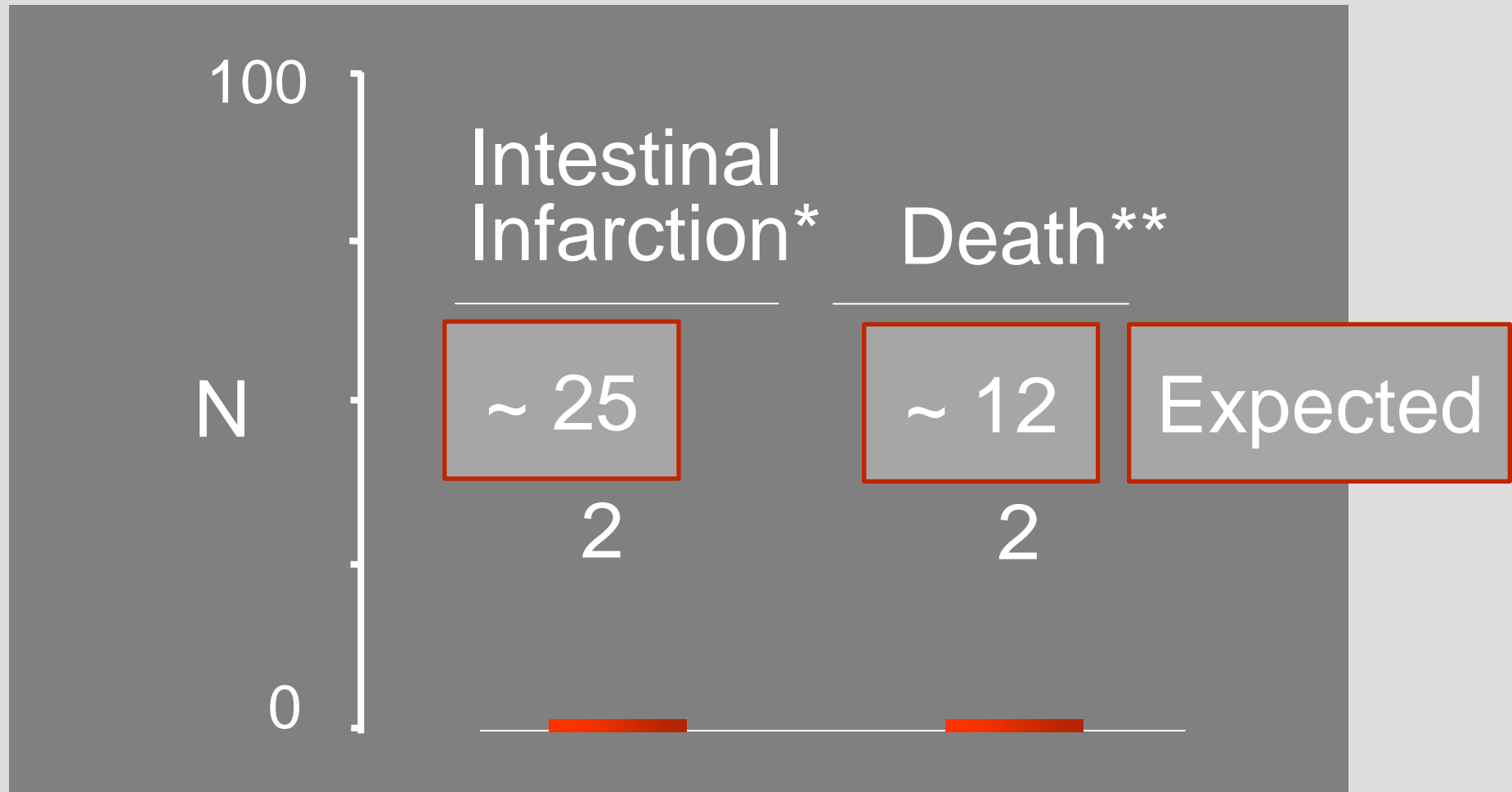
Non-cirrhotic, non-malignant PVT Perspectives in 2015

- Causes and risk factors
- **Treatment**

Non-cirrhotic, non-malignant PVT Treatment

- Cure/control underlying disorders
- Prevent potentially lethal complications
 - Intestinal infarction
 - Recurrent thrombosis
 - Portal hypertension

Recent PVT. Anticoagulation in 95 Patients



*Limited intestinal resection. Both survived. **Malignancy 1. Sepsis 1

Non-cirrhotic, non-malignant PVT Treatment

- Cure/control underlying disorders
- Prevent potentially lethal complications
 - Intestinal infarction
 - Recurrent thrombosis
 - Portal hypertension

PVT – Anticoagulation and thrombosis

1

New thrombosis

% Pt-yr

6.0

$p = 0.015$

1.2

-

+

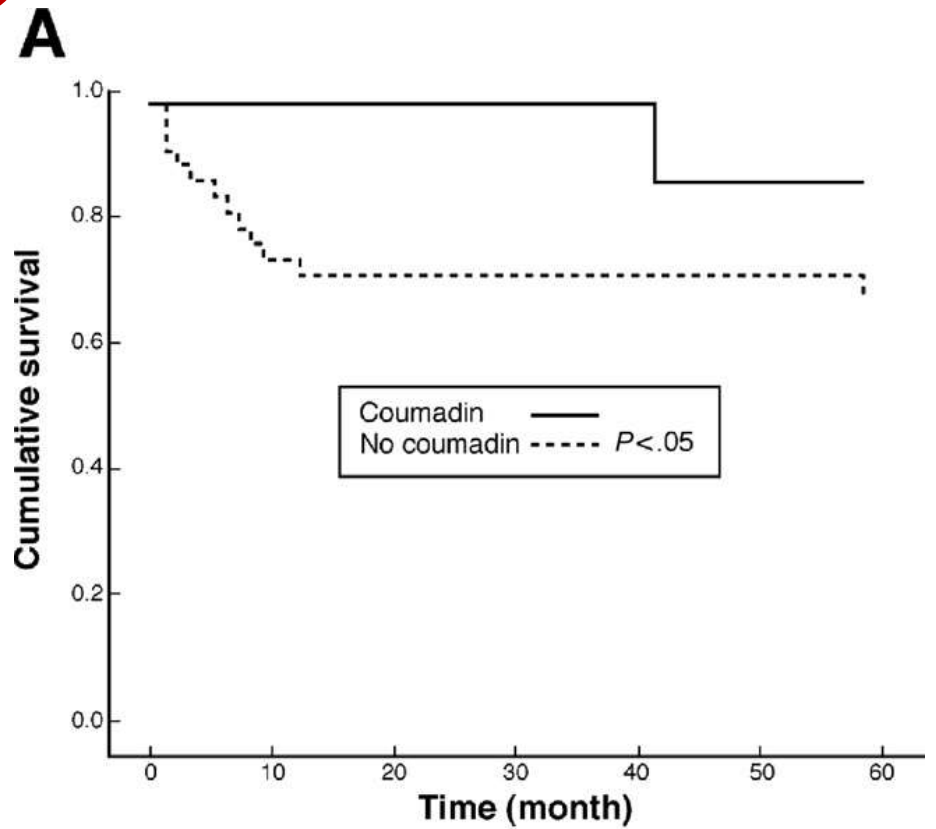
Anticoagulation

Condat, Gastroenterology 2001

3

HR 0.2, $p = 0.1$
Spaander, JTH 2013

2



Orr, CGH 2007

PVT : Prevention of recurrent thrombosis

Unresolved issues

- Benefit/risk of permanent anticoagulation therapy?
- Which criteria for a precision medicine ?
 - Status of portal venous system
 - Causes and risk factors
 - Personal or familial history
 - Biology

Non-cirrhotic, non-malignant PVT Treatment

- Cure/control underlying disorders
- Prevent potentially lethal complications
 - Intestinal infarction
 - Recurrent thrombosis
 - Portal hypertension

Anticoagulation for recent (acute) PVT

Anticoagulation

No
anticoagulation

Complete
recanalization

Partial
recanalization

Recanalization

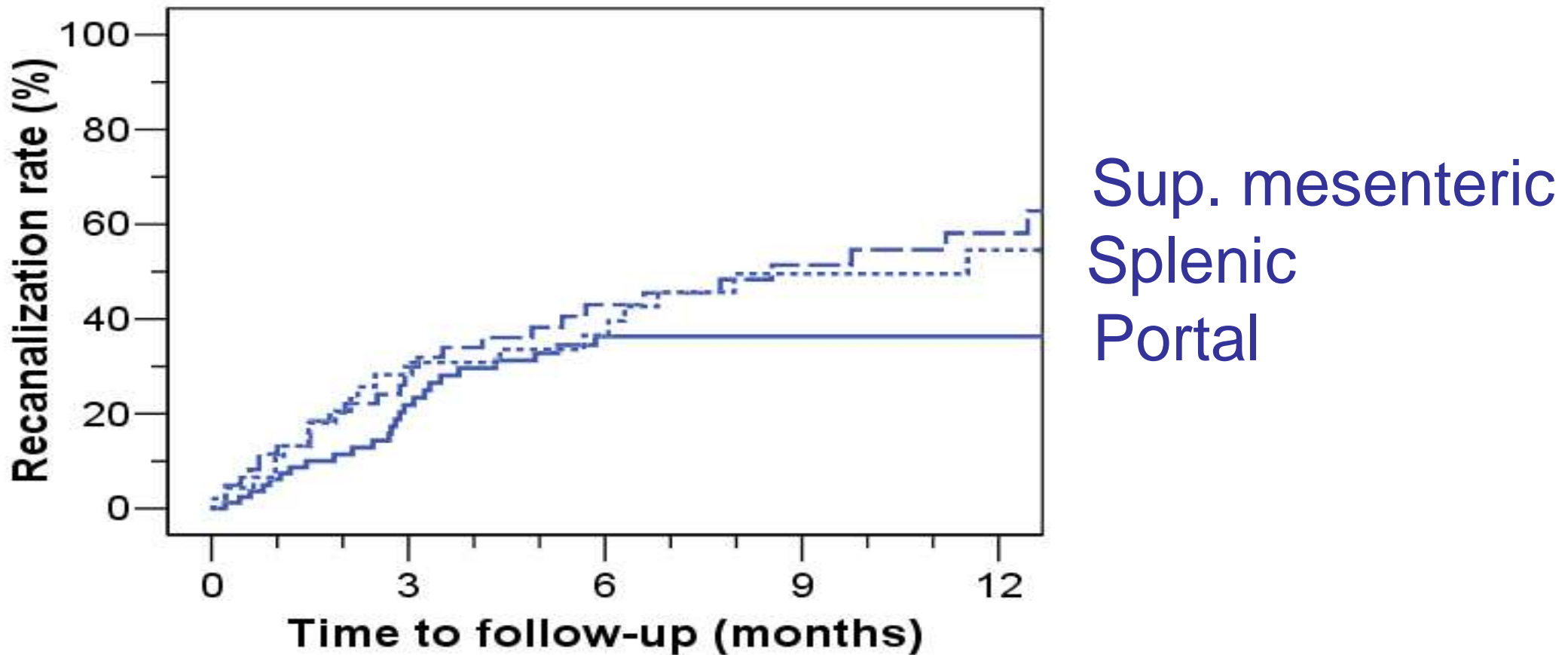
38.3%

14.0%

< 17%

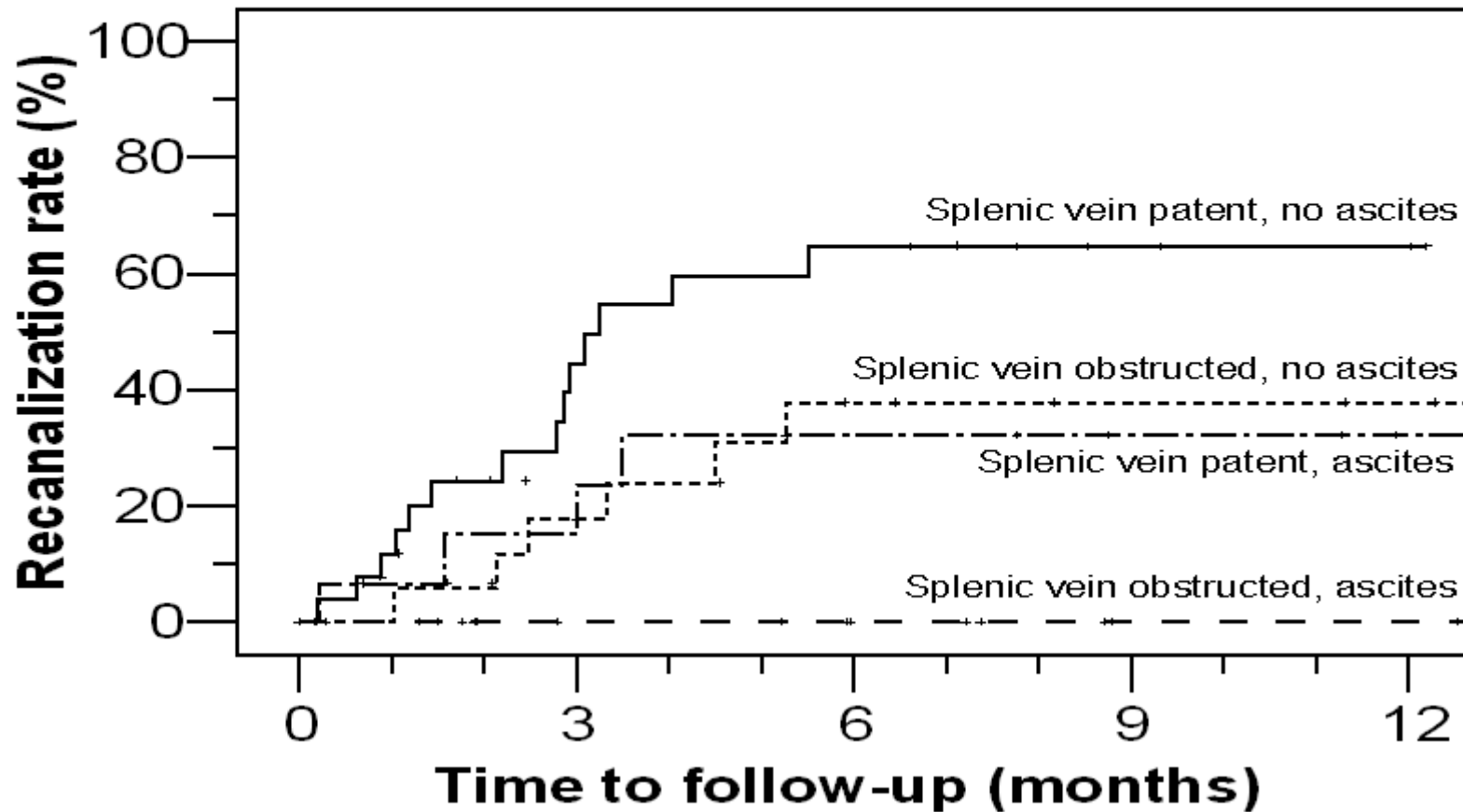
Recent PVT: EN-Vie Cohort

EN-Vie Cohort: 95 anticoagulated patients



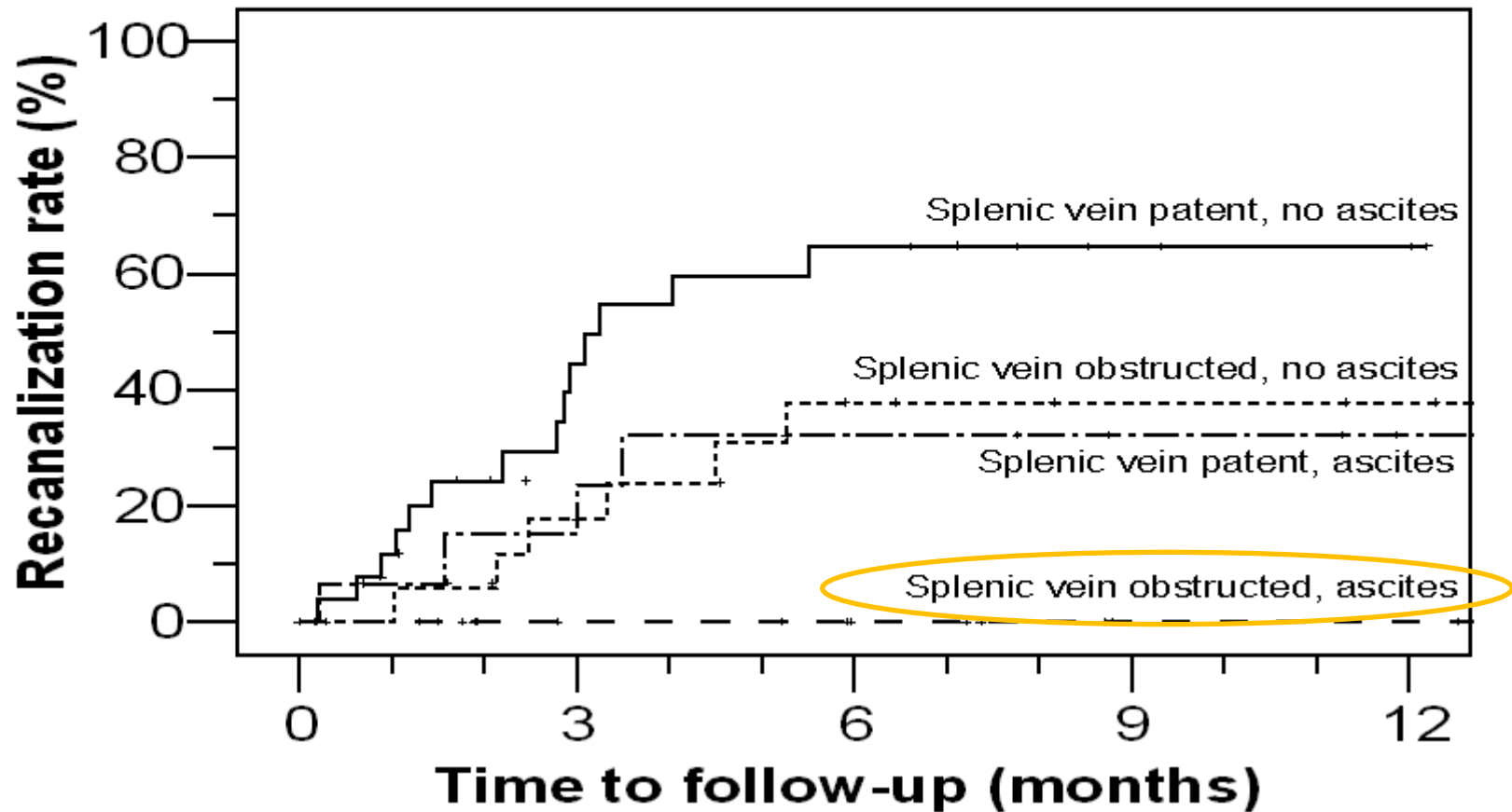
Recent PVT: EN-Vie Cohort

Predictive Factors for Portal Vein Recanalization



Recent PVT: EN-Vie Cohort

Alternative therapy ?



Recent PVT: Alternatives to anticoagulation

Reports of selected case or small case-series

- Pharmacological thrombolysis
- Mechanical/pharmacological thrombolysis
- Transjugular or transcapsular approach
- With or without portosystemic shunting

Treatment for recent PVT

	Complete recanalization	Partial recanalization
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Anticoagulation	38.3%	14.0%
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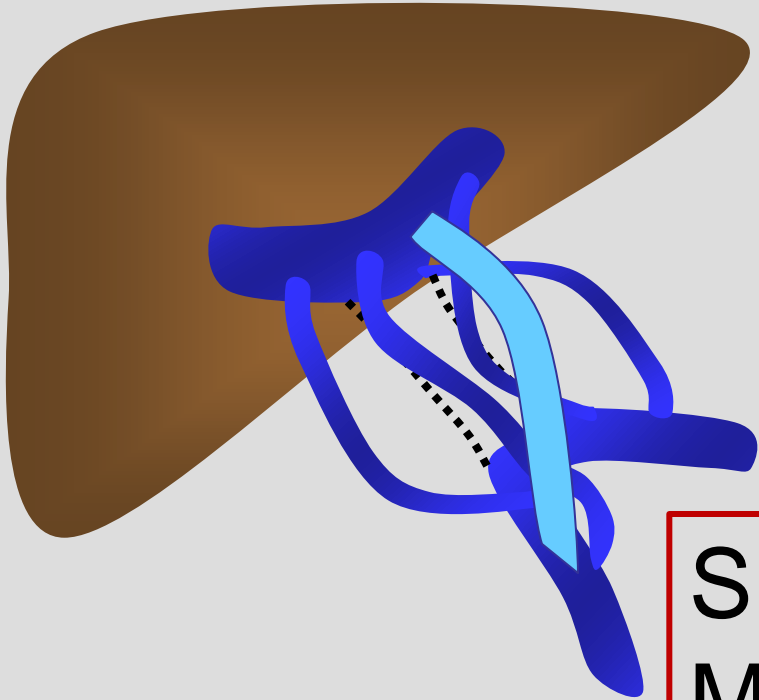
Thrombolysis	40.8%	45.1
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Major complications in > 60% of patients
with pharmacological thrombolysis

Prophylaxis for bleeding in adults with PVT

- Beta blockers
 - Endoscopic therapy
 - Portosystemic shunting/Devascularization
 - Recanalization/Mesentericoportal bypass
-

Mesenterico-left portal vein bypass (Meso-Rex)



Successfull bypass	60-100%
Mortality	0%
Encephalopathy	0%
Bleeding	0%

PVT - Severity of Bleeding

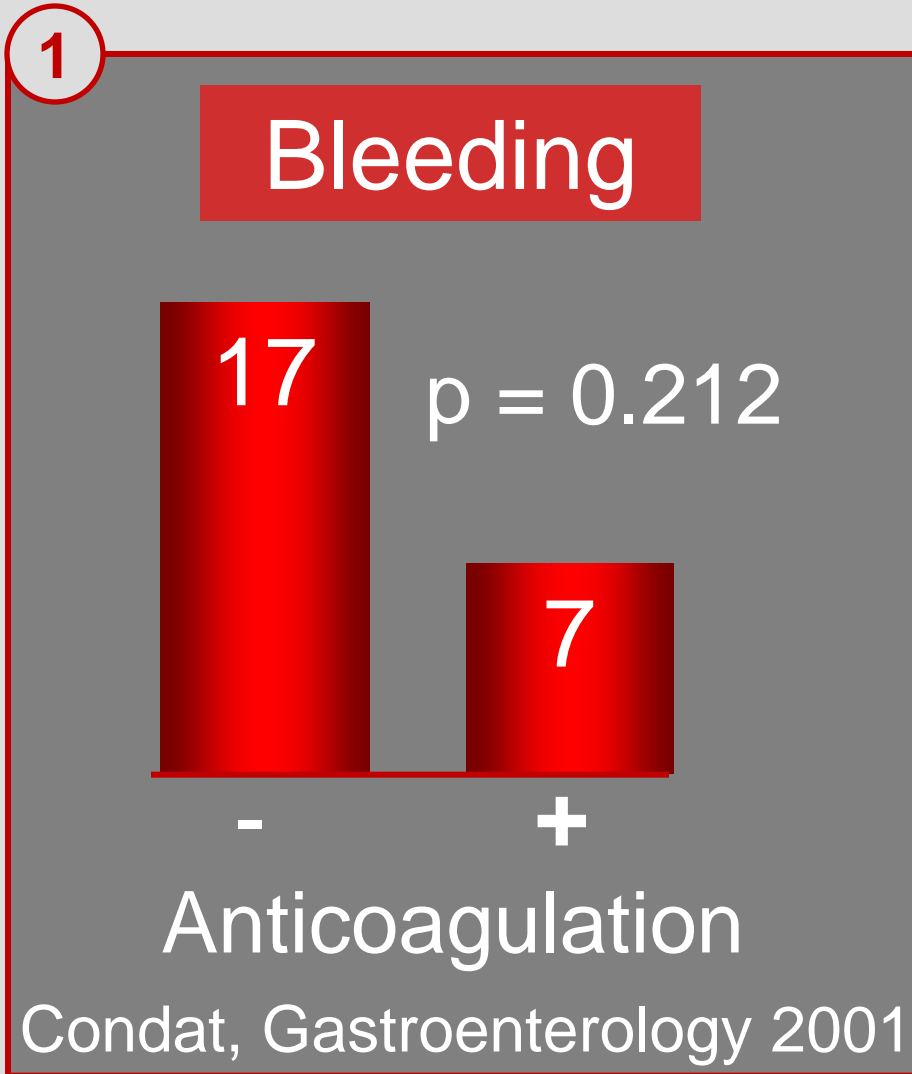
No impact of anticoagulation therapy on

Hemoglobin (g/dL)

Length of stay (days)

Transfusion (N units)

PVT – Anticoagulation and bleeding



2

	HR	<i>P</i>
<i>BI</i> GI bleed	2.1	<.01
<i>BI</i> ascites	2.0	=.01
Anticoagulant	2.1	<.01

Spaander, JTH 2013

Portal Vein Thrombosis – Prognosis

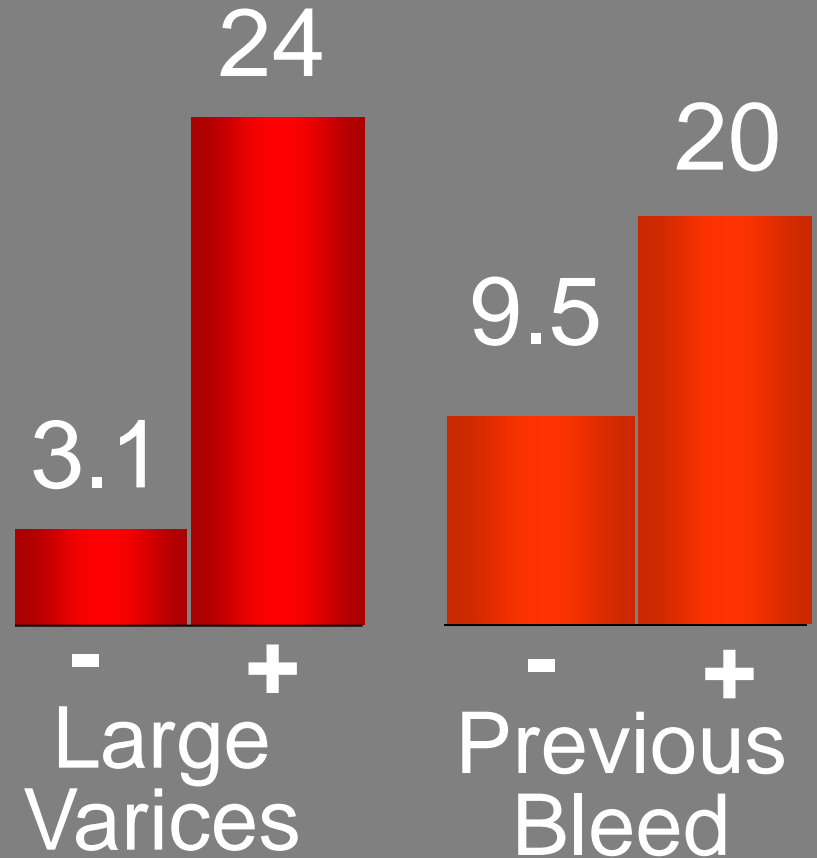
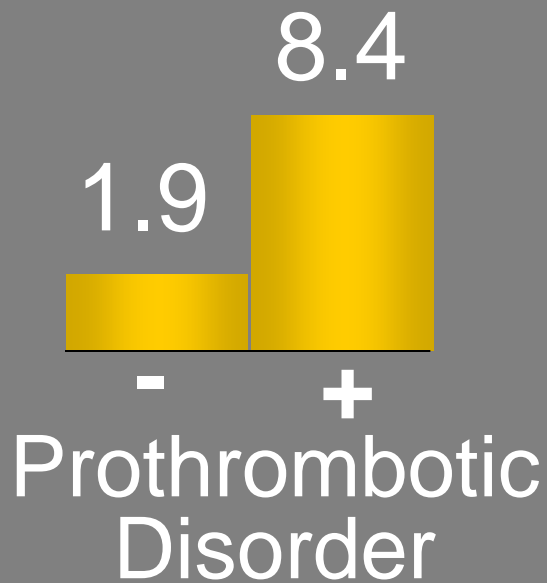
% Pt-yr

Recurrent
Thrombosis

GI Bleeding

30

0



$p = 0.04, 0.07$ and 0.004

Condat, Gastroenterology 2001

Non-cirrhotic, non-malignant PVT Prognosis

N of Patients	23 to 136
Period	1980 to 2008
Median follow-up	3-5,5 years
Mortality	7-25%
Prognosis	SMV involvement Associated conditions

Noncirrhotic portal vein thrombosis

Conclusions

- A manifestation of underlying blood disorders, whose treatment influences overall outcome.
 - Complications controlled by early anticoagulation and treatment for portal hypertension.
 - Benefit/risk ratio of long-term anticoagulation in the absence of strongly prothrombotic conditions is unknown. RCT needed.
 - Overall outcome determined by associated conditions and extent of thrombosis
-

Non-cirrhotic PVT: Perspectives for 2015

- Recent PVT
 - Prognosing recanalization
 - Alternatives to anticoagulation therapy
 - Cavernoma
 - Permanent anticoagulation for all ?
 - Meso-Rex shunt
-

Epidemiology of portal vein thrombosis

Country	Sweden	Sweden
Registries	Autopsy	Inpatients Outpatients
Period	1970-1982	1995-2004
Prevalence <i>per 10⁵</i>	1000	3.7

Ogren. WJG 2006. 23,796 autopsies. Rajani, APT 2010

Portal vein obstruction – Causal factors

Malignancy – *diverse mechanisms** 1/3

Cirrhosis – *thrombosis* 1/3

Others – *thrombosis, malformation*** 1/3

* *Invasion or encasement or thrombosis*

** *Malformation in children with cavernoma*

Prothrombotic disorders in PVT

Myeloproliferative neoplasms %	35
Inherited disorders %	35
Antiphospholipid syndrome %	15
Others (IBD, ...) %	10
<hr/>	
Any of the above %	65
Any combination %	15

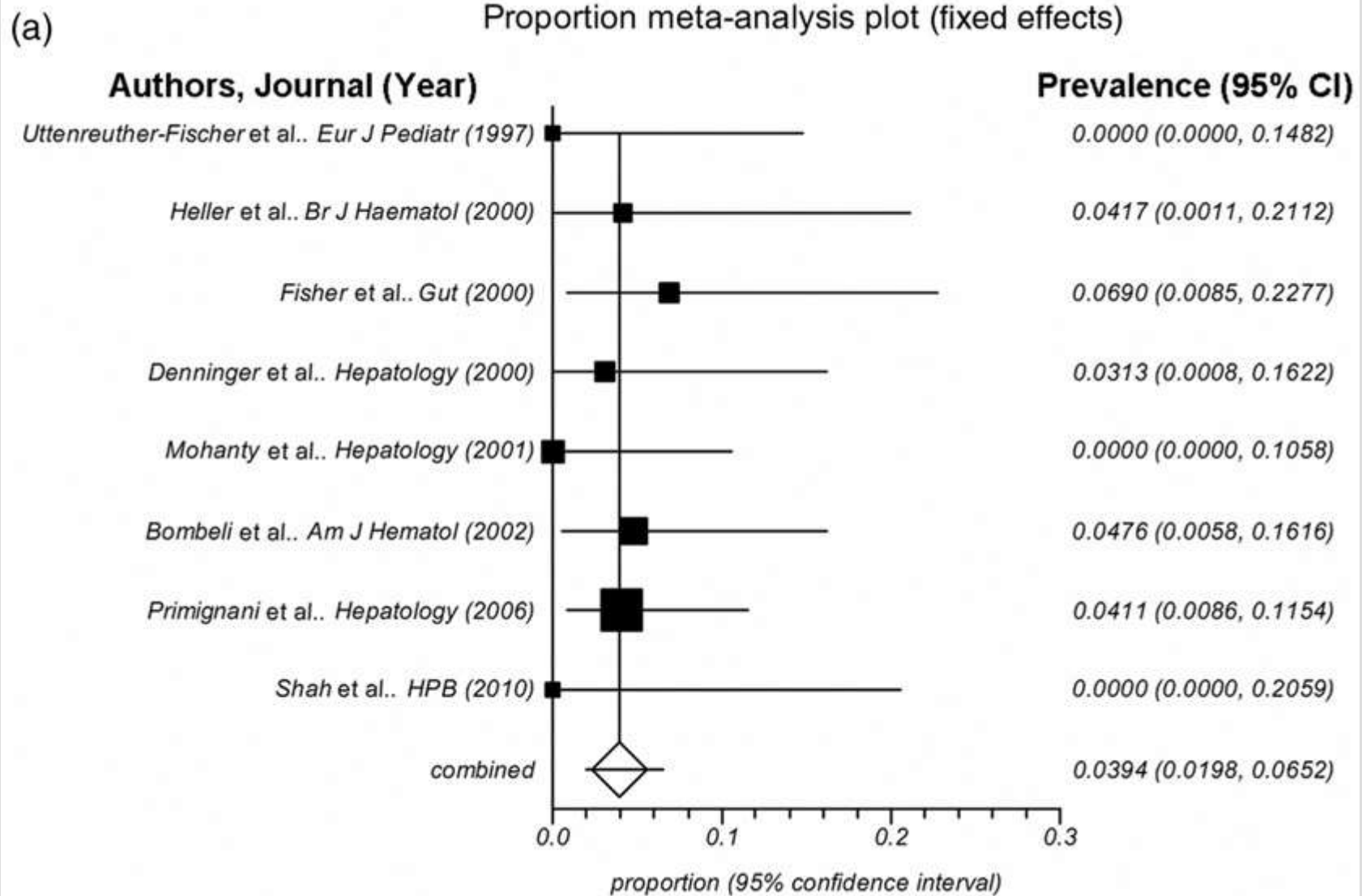
From Janssen, HLA Blood 2000. Denninger, MH Hepatology 2000.
Primignani, Hepatology 2006. Plessier, Hepatology 2010

Prothrombotic Disorders

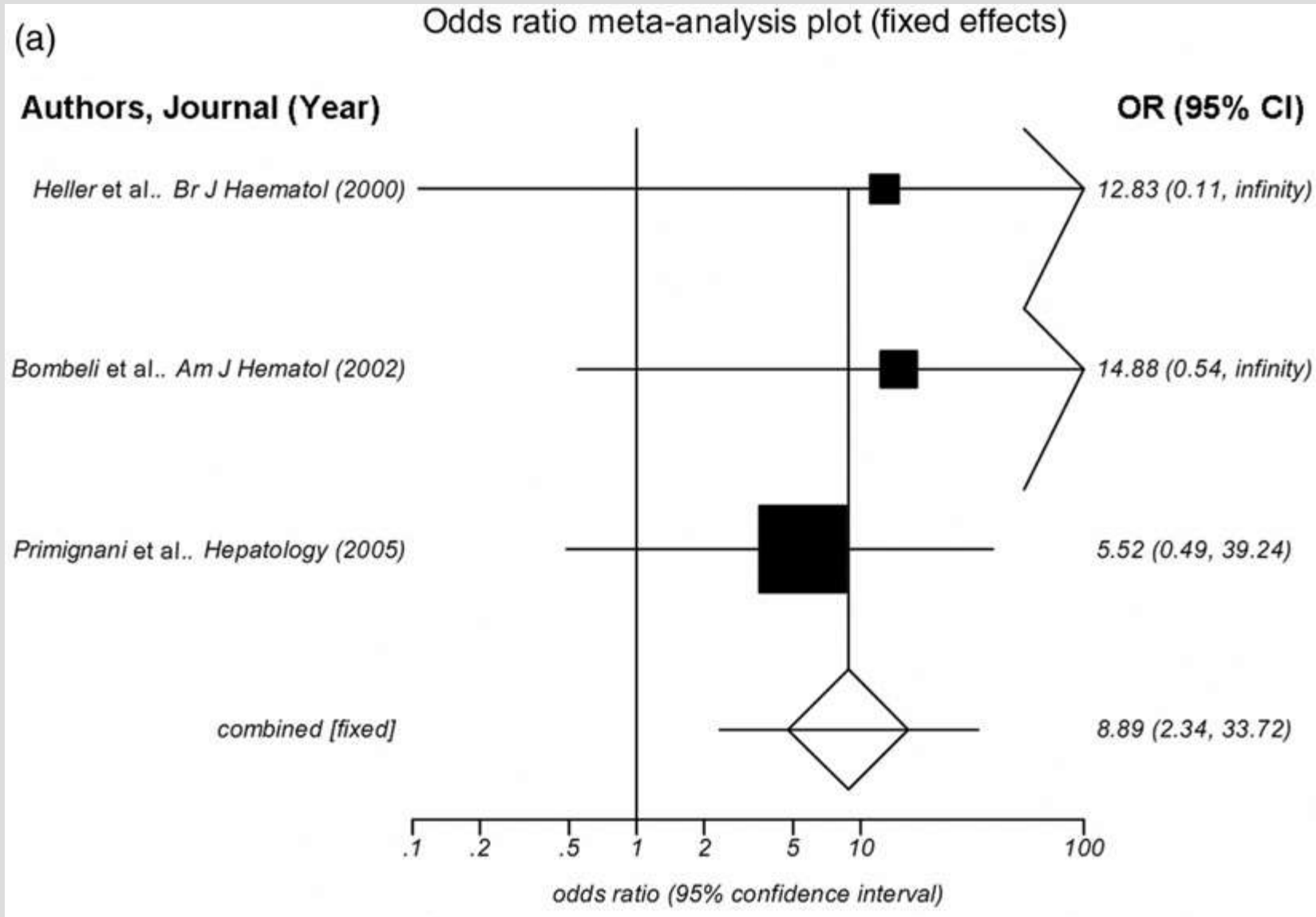
Diagnostic Pitfalls

1. Liver dysfunction decreases PC, PS and AT plasma levels
→ *Molecular analyses*
 2. Portal hypertension masks MPN.
Hypersplenism decreases blood cell counts.
→ *V617F JAK2 mutation (blood granulocytes)*
→ *Clusters of dystrophic megacaryocytes (BMB)*
-

Antithrombin and PVT

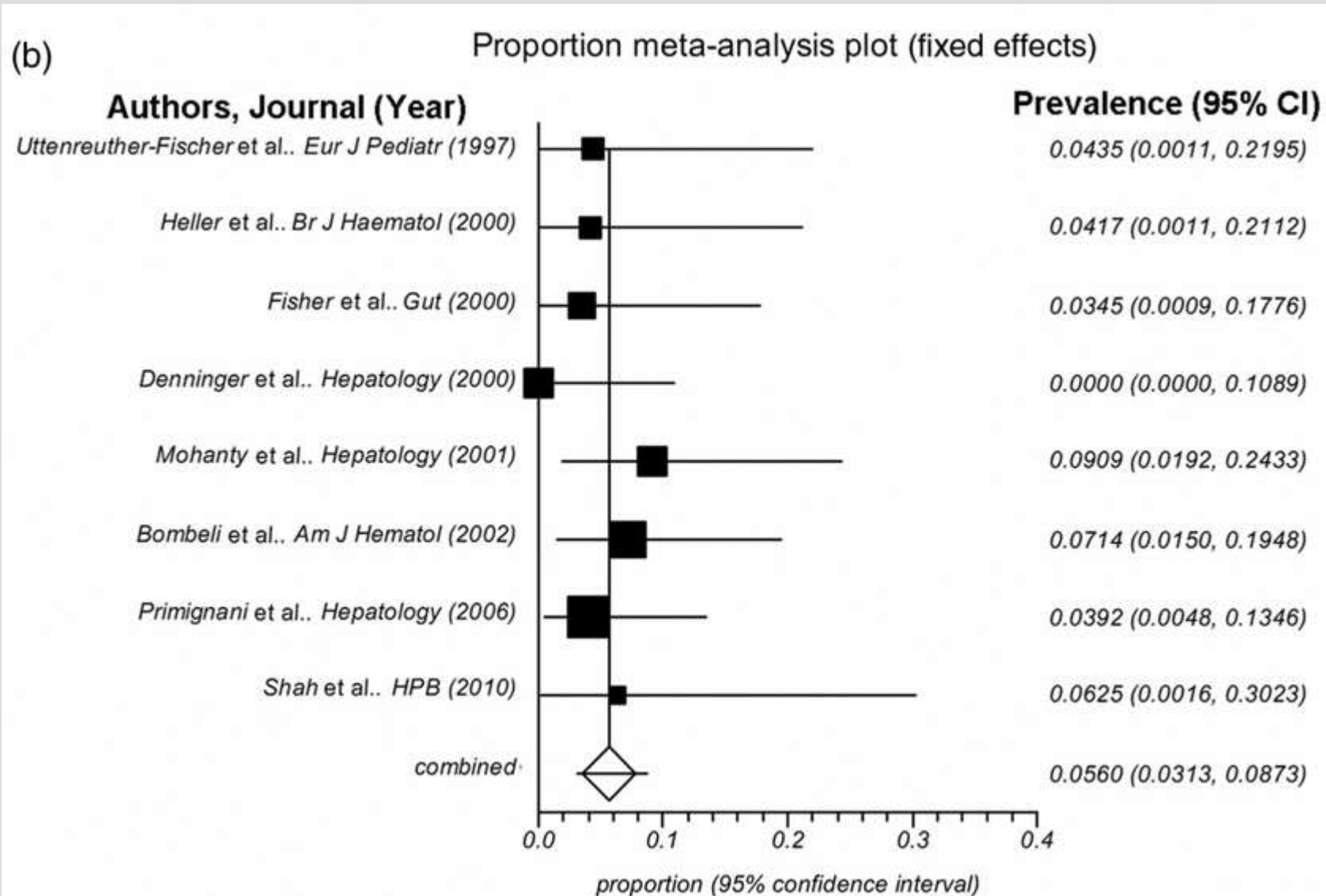


Antithrombin and PVT



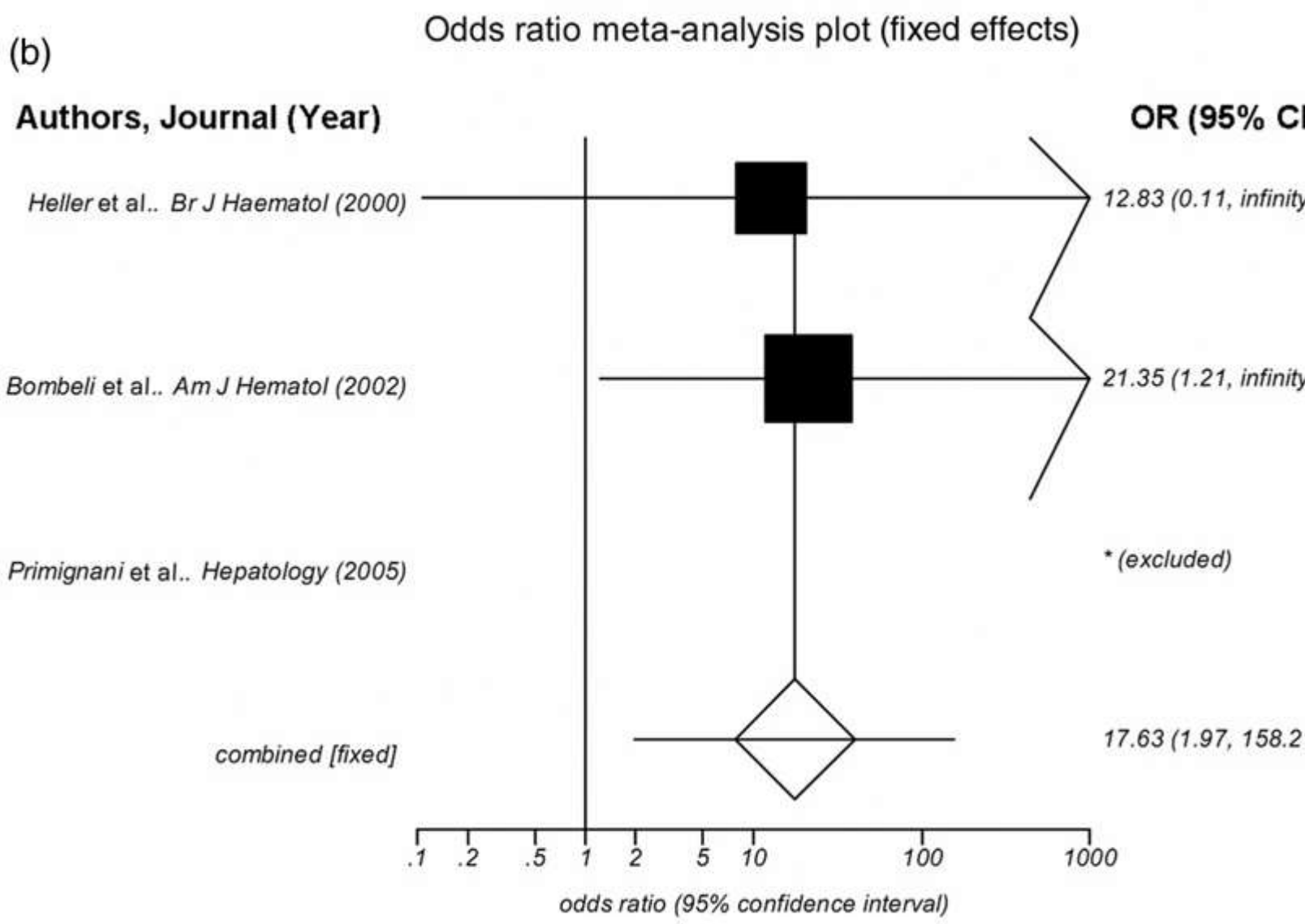
Protein C and PVT

Qi. J Gastroenterol Hepatol 2013



Protein C and PVT

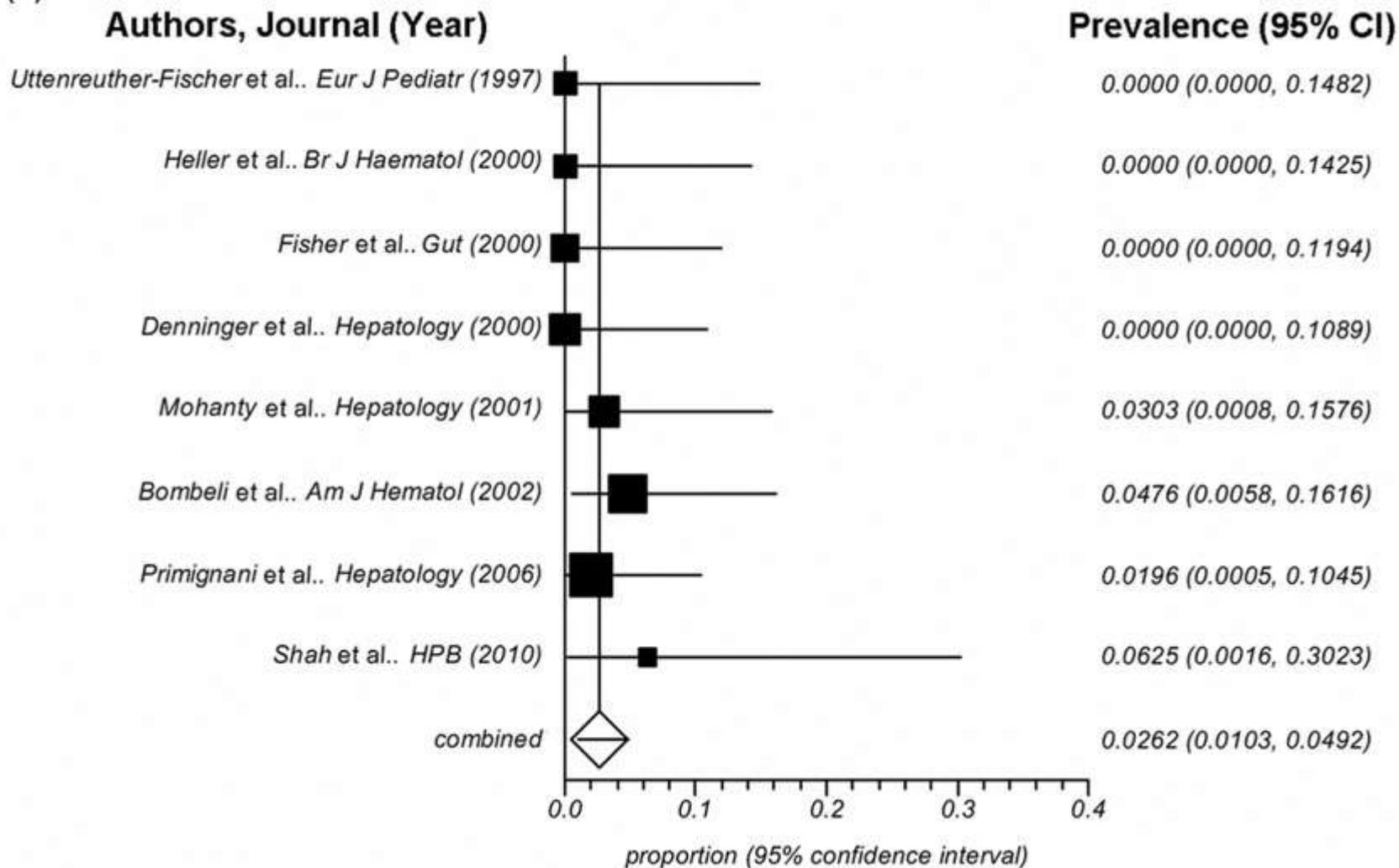
Qi. J Gastroenterol Hepatol 2013



Protein S and PVT

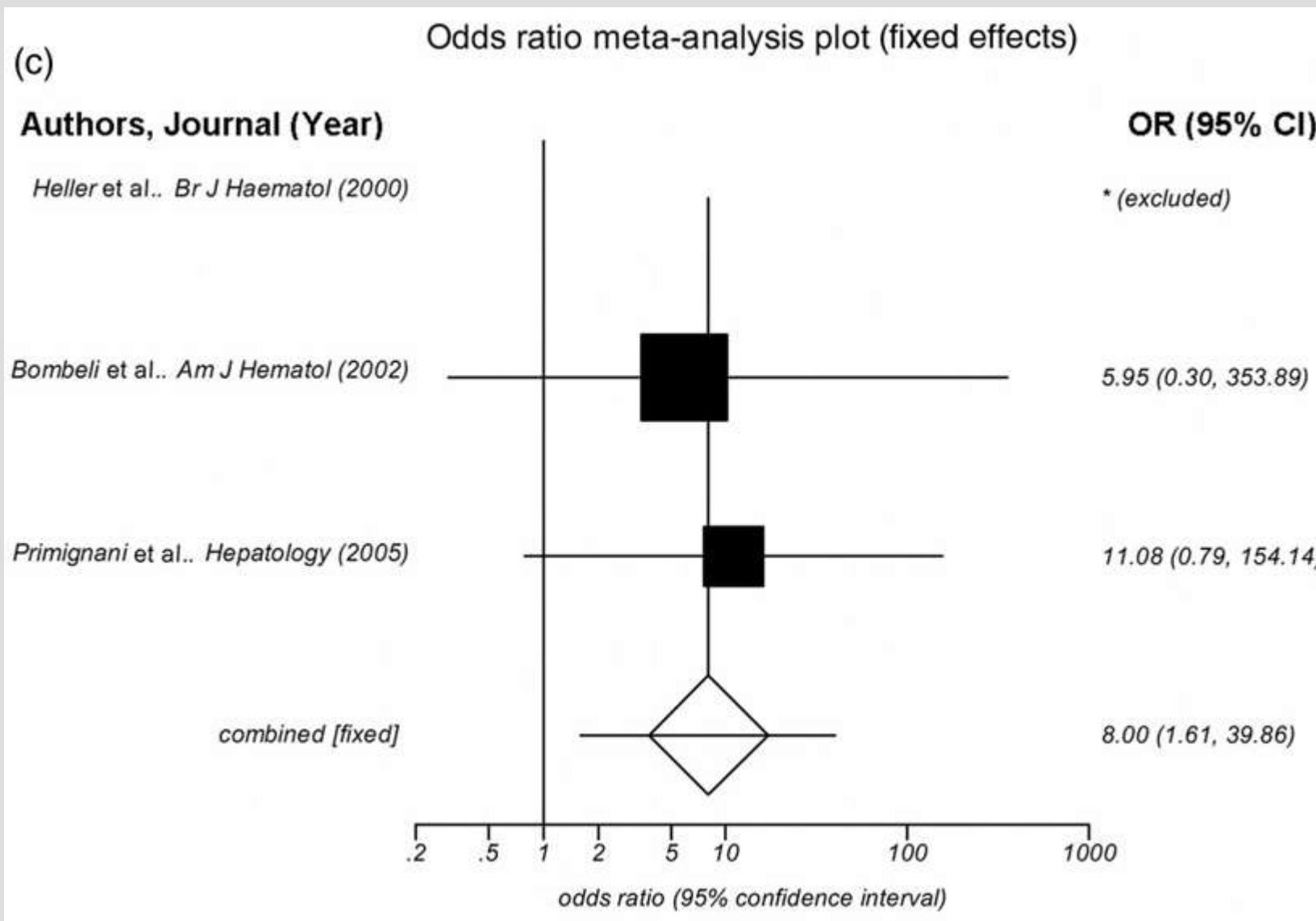
(c)

Proportion meta-analysis plot (fixed effects)

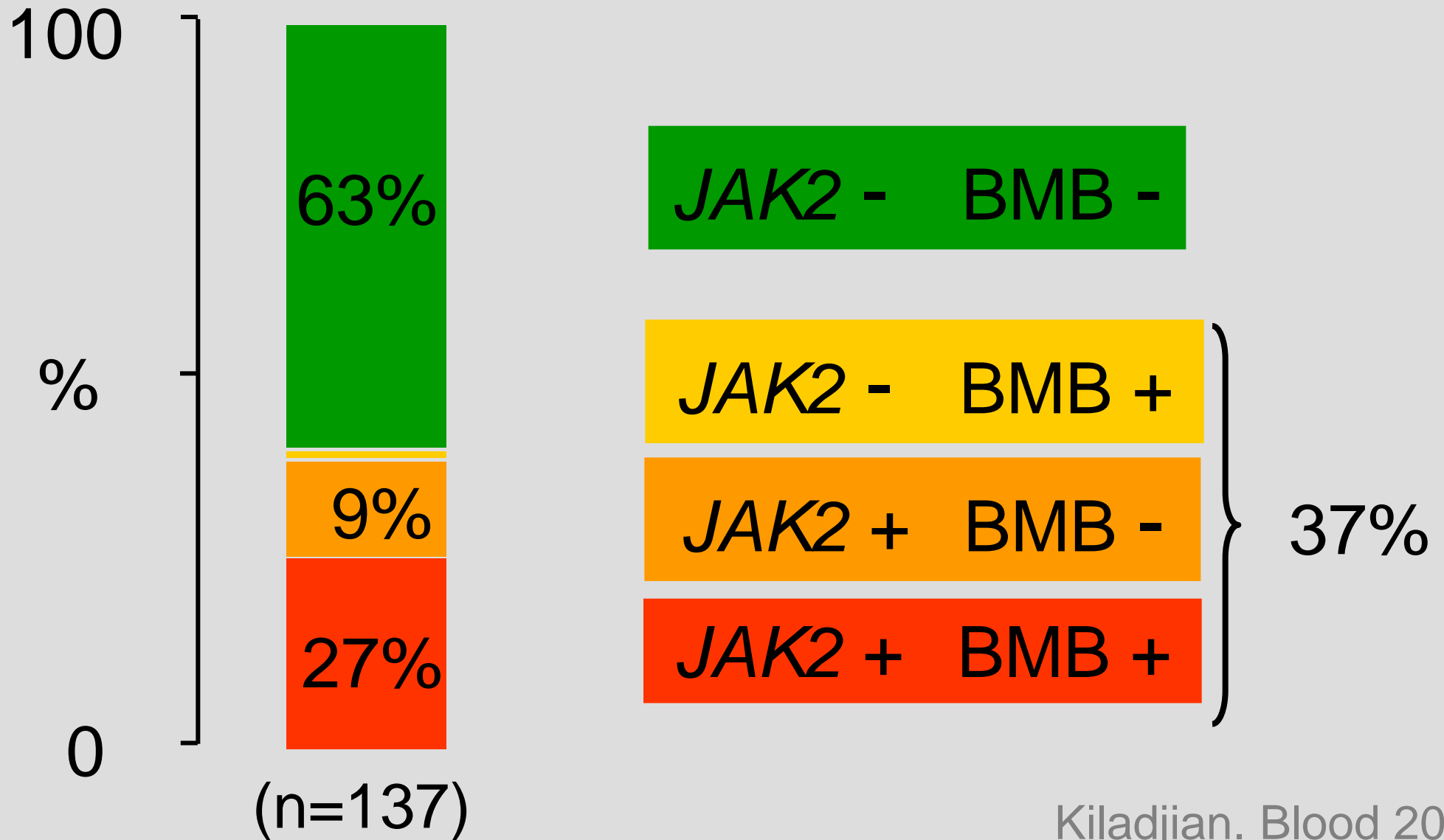


Protein S and PVT

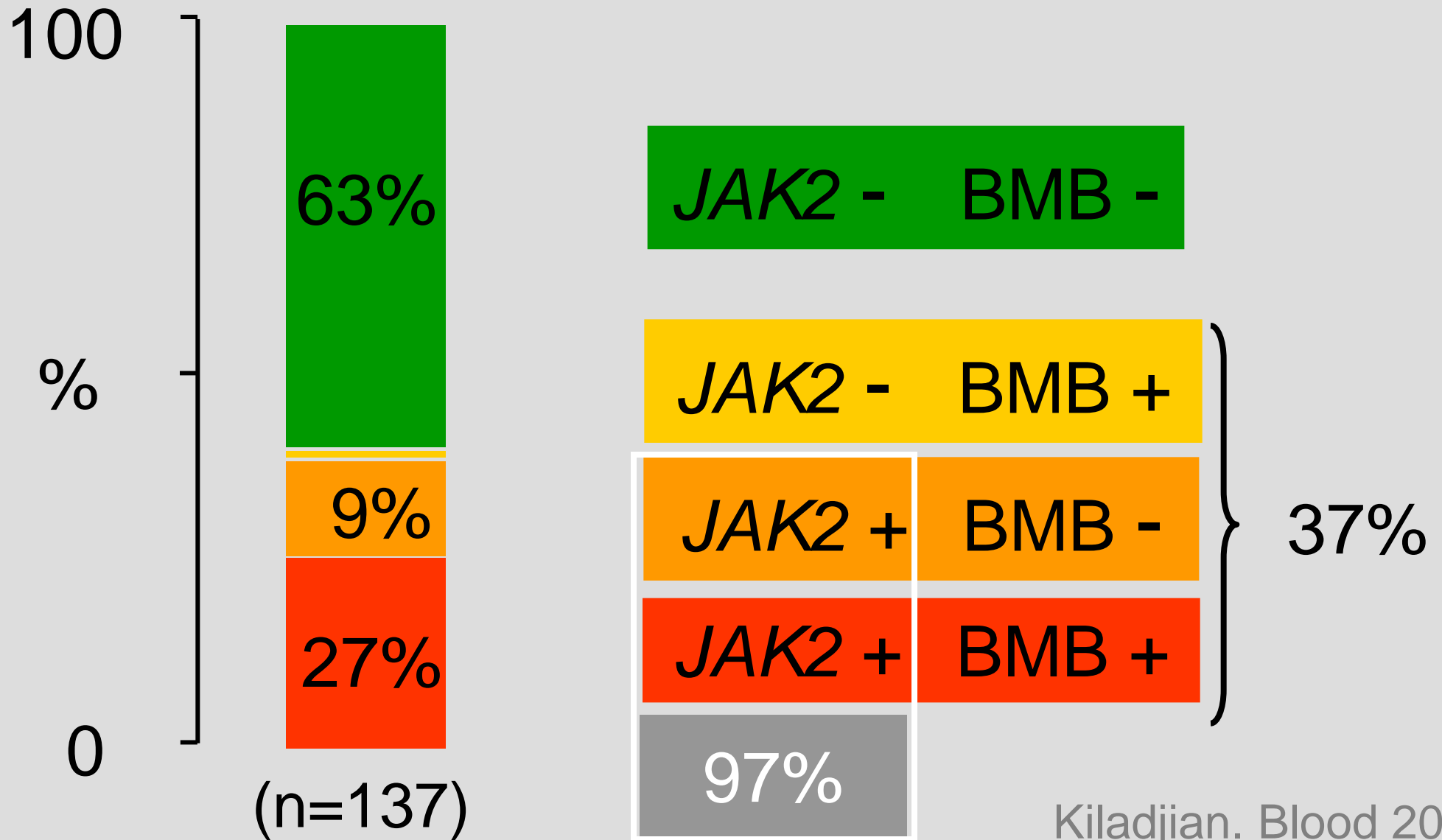
Qi. J Gastroenterol Hepatol 2013



Myeloproliferative neoplasms and PVT

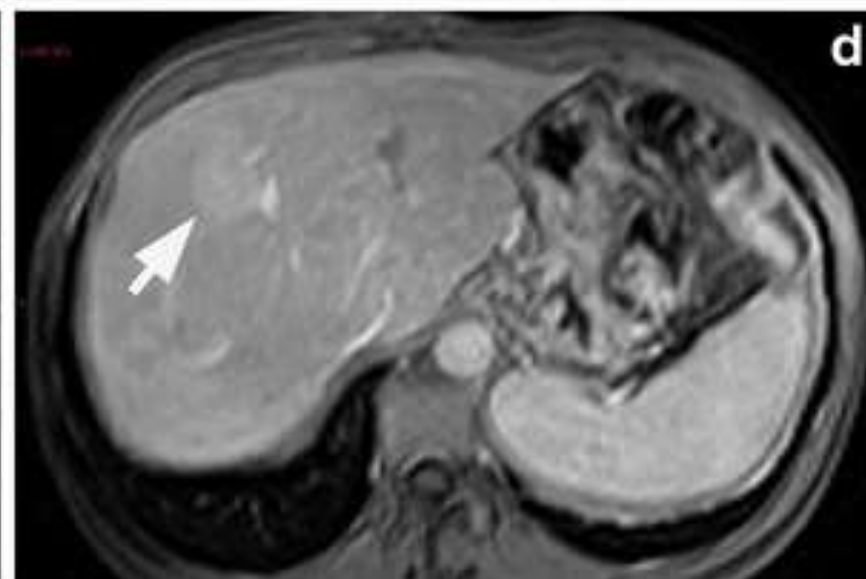
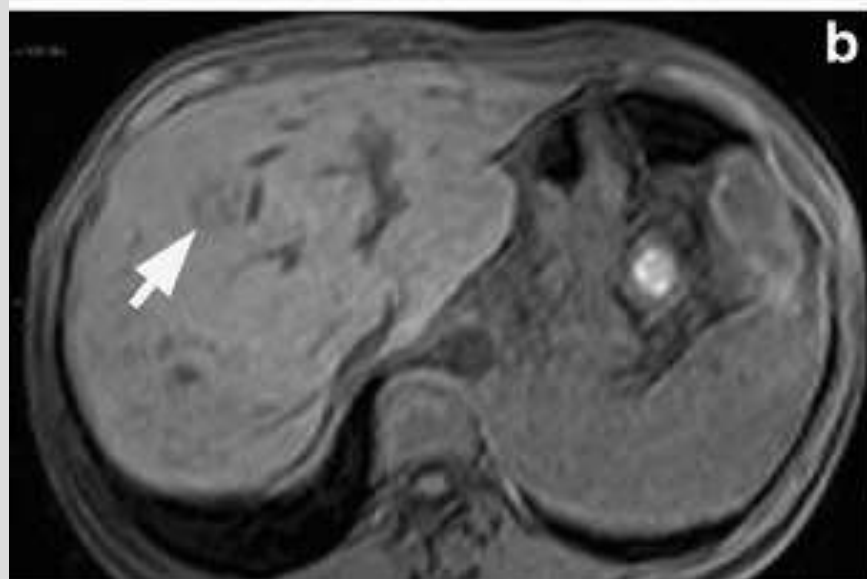
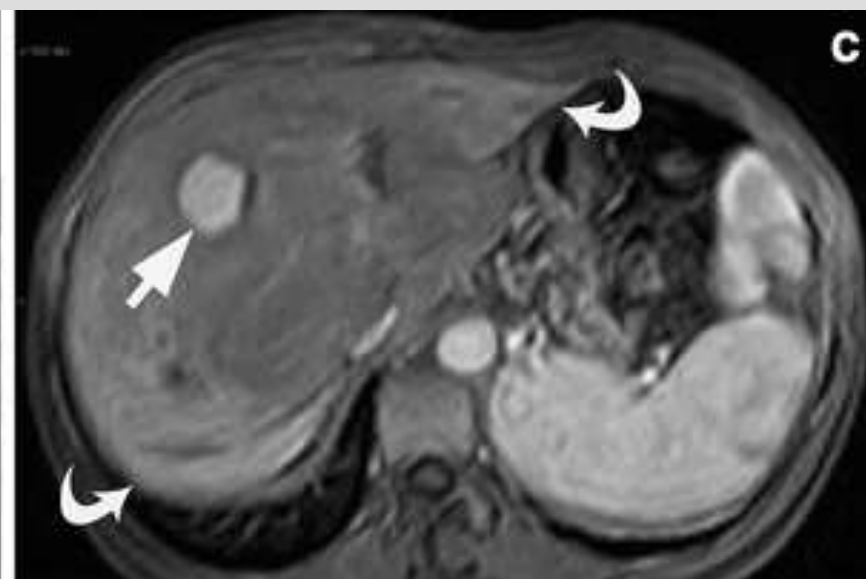
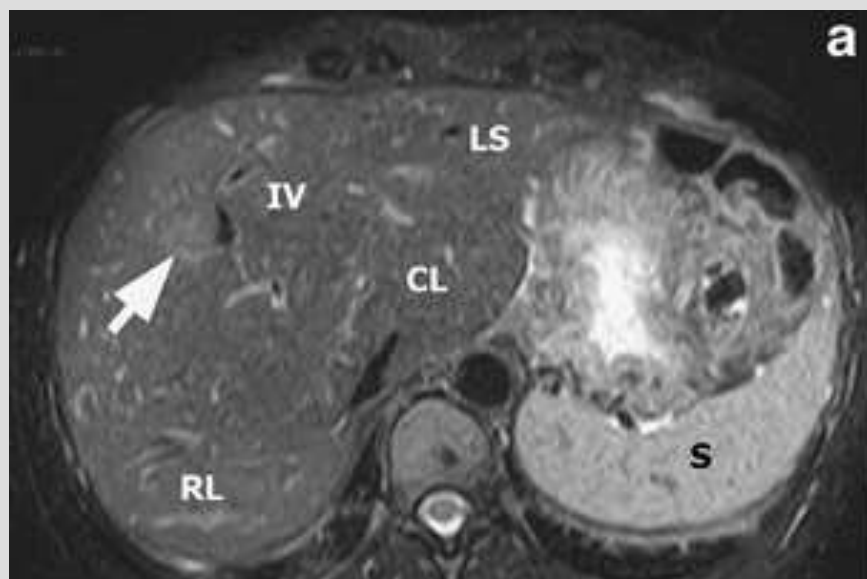


Myeloproliferative neoplasms and PVT



CALR mutations in Splanchnic Vein Thromboses

	PVT		BCS	
	<i>N</i>	<i>N</i> CALR + ^{ve}	<i>N</i>	<i>N</i> CALR + ^{ve}
All patients	140	2	69	2
MPN	35	2	39	2
JAK2 + ^{ve}	30	0	31	0
JAK2 - ^{ve}	5	2	8	2



Hepatocellular nodules in PVT patients

Portal cavernoma 58 Pts

M/F 32/26
mean age 53/51

FNH-like nodules 12 Pts

79% Imaging + follow-up
21% Percutaneous LBx

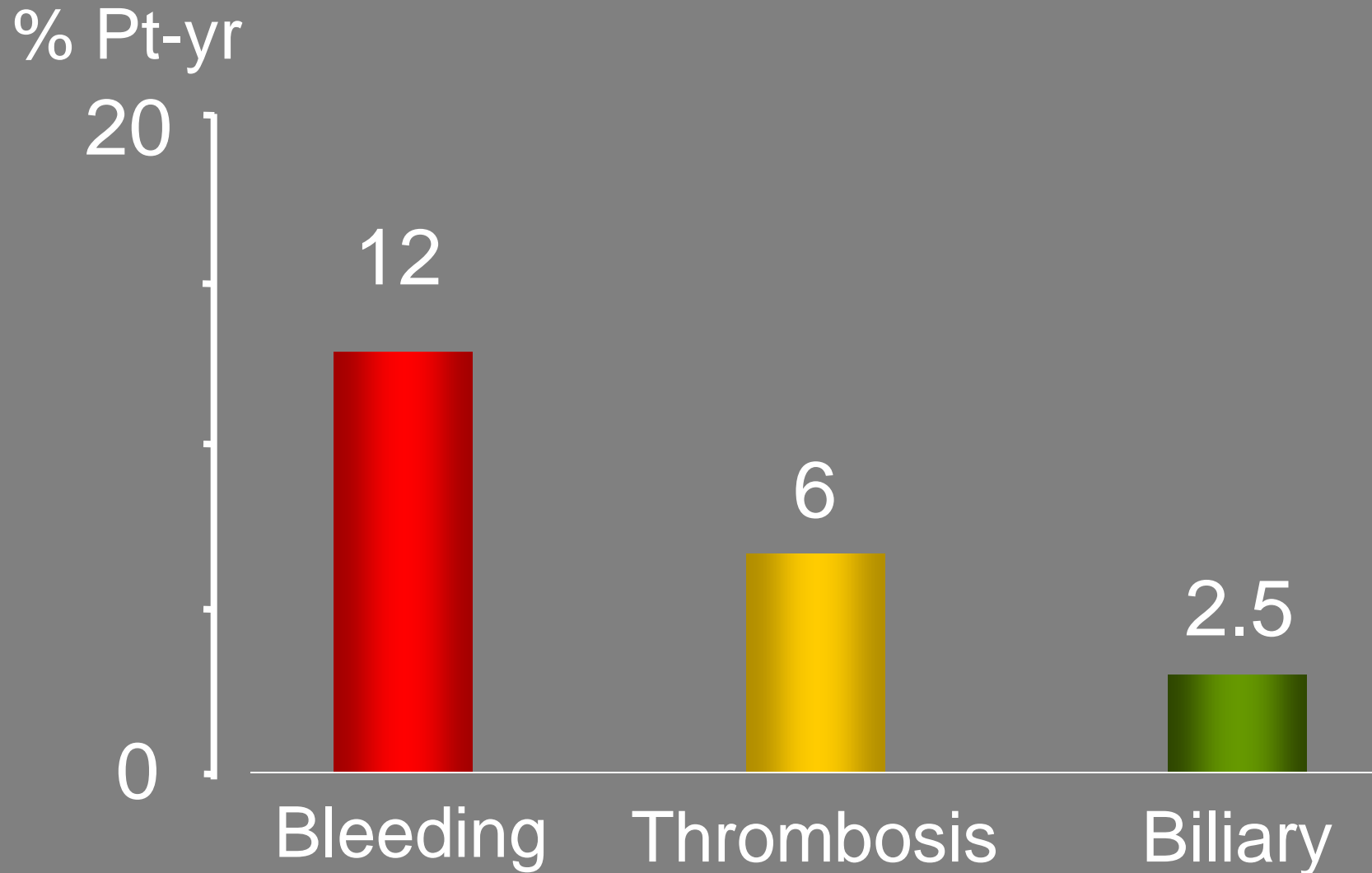
Stable course 9 Pts

36 lesions

Progressive course 3 Pts

Ø: 1.3 cm (0.5-4.2 cm)
30 lesions
8 lesions

Chronic PVT - Complications



Causes of death in PVT patients

120 patients (1985-2008)

Death	29
Progressive MPN	6 (20%)
Bleeding	5
Thrombosis	3
Infection	3
Other/unknown causes	12

Follow-up 5.5 years (range 0.1–32.5 years) Spaander, JTH 2011

Causes of Death in BCS En-Vie Cohort

Table 2. Causes of Death

**Related or Probably Related
Liver Deaths (n = 30)**

Non-Liver-Related Deaths (n = 6)

Liver failure (n = 12)

Multiorgan failure (n = 4)

GI bleeding (n = 2)

Sepsis (n = 4)

Hepatobiliary malignancy (n = 2)

Unknown (n = 6)

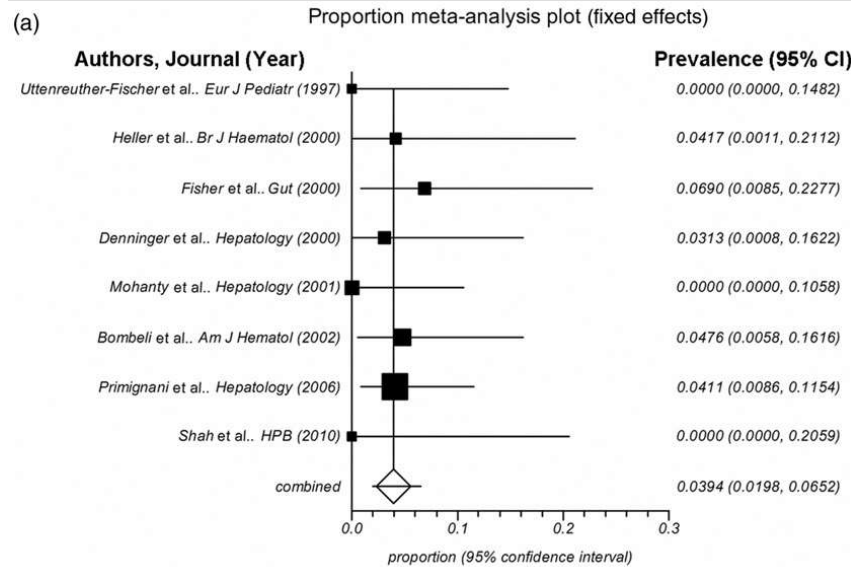
Extrahepatic malignancy (n = 1);

Complication/progression of hematological
disease (n = 4);

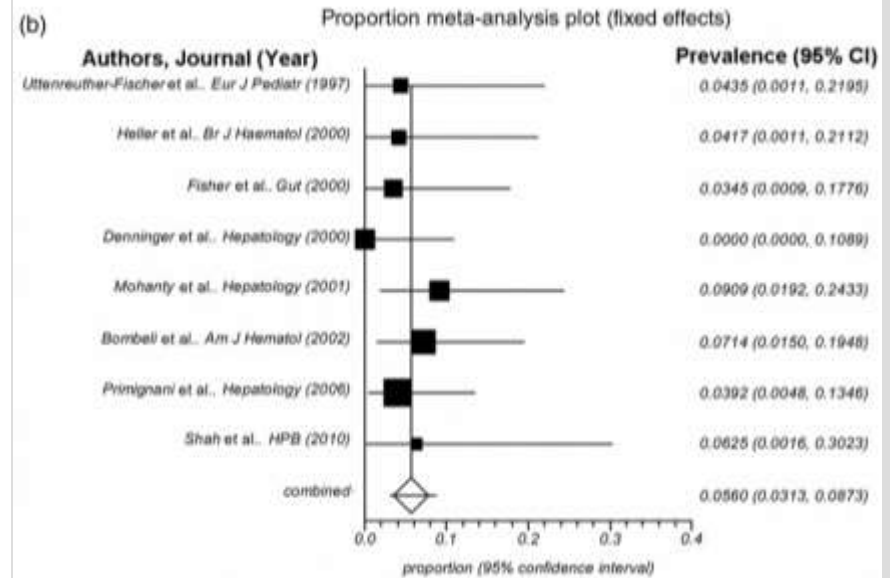
Intracranial hemorrhage (n = 1)

Coagulation Inhibitors and PVT

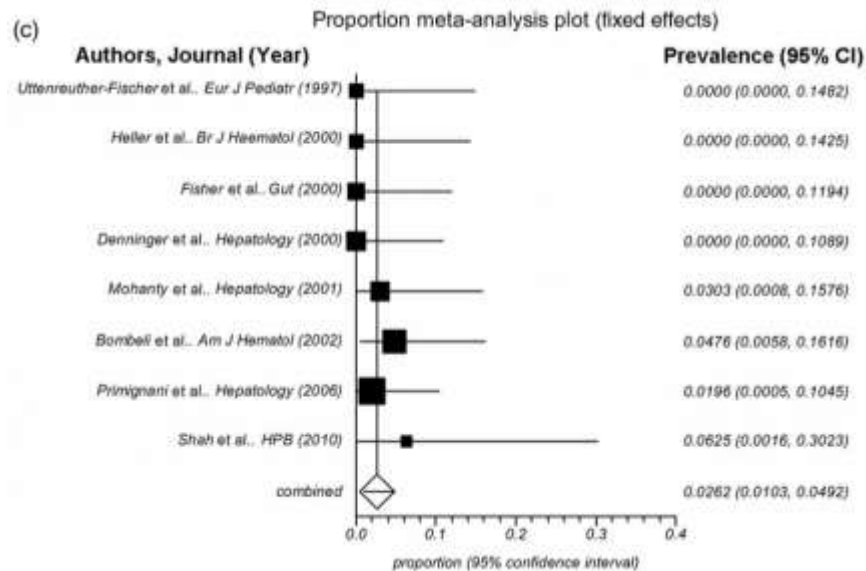
Antithrombin



Protein C

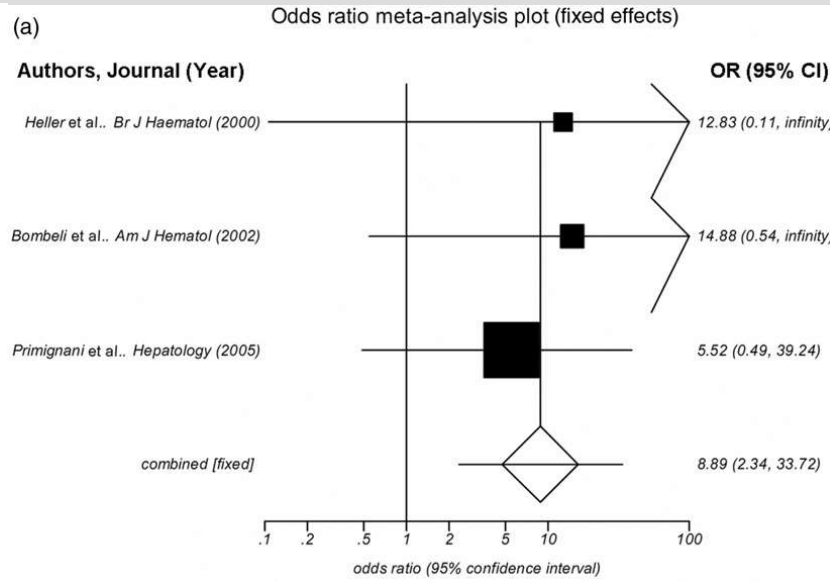


Protein S

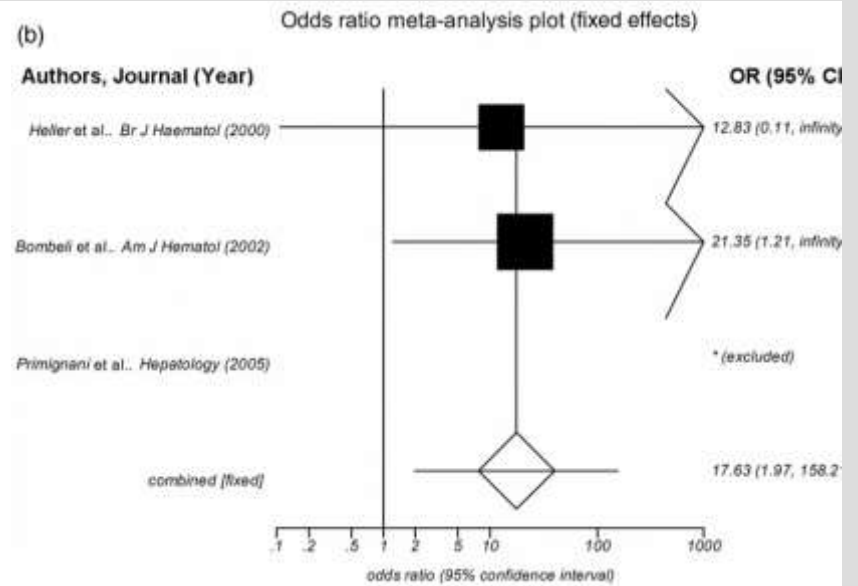


Coagulation Inhibitors and PVT

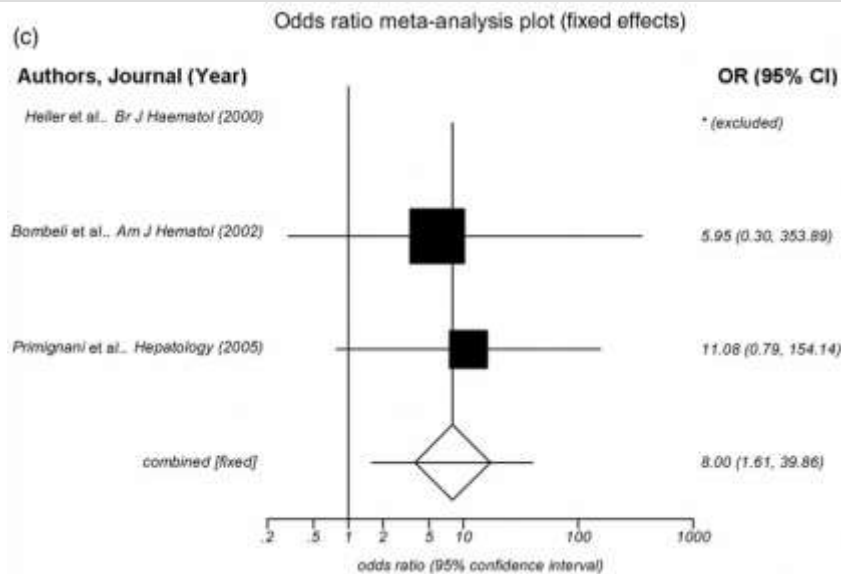
Antithrombin

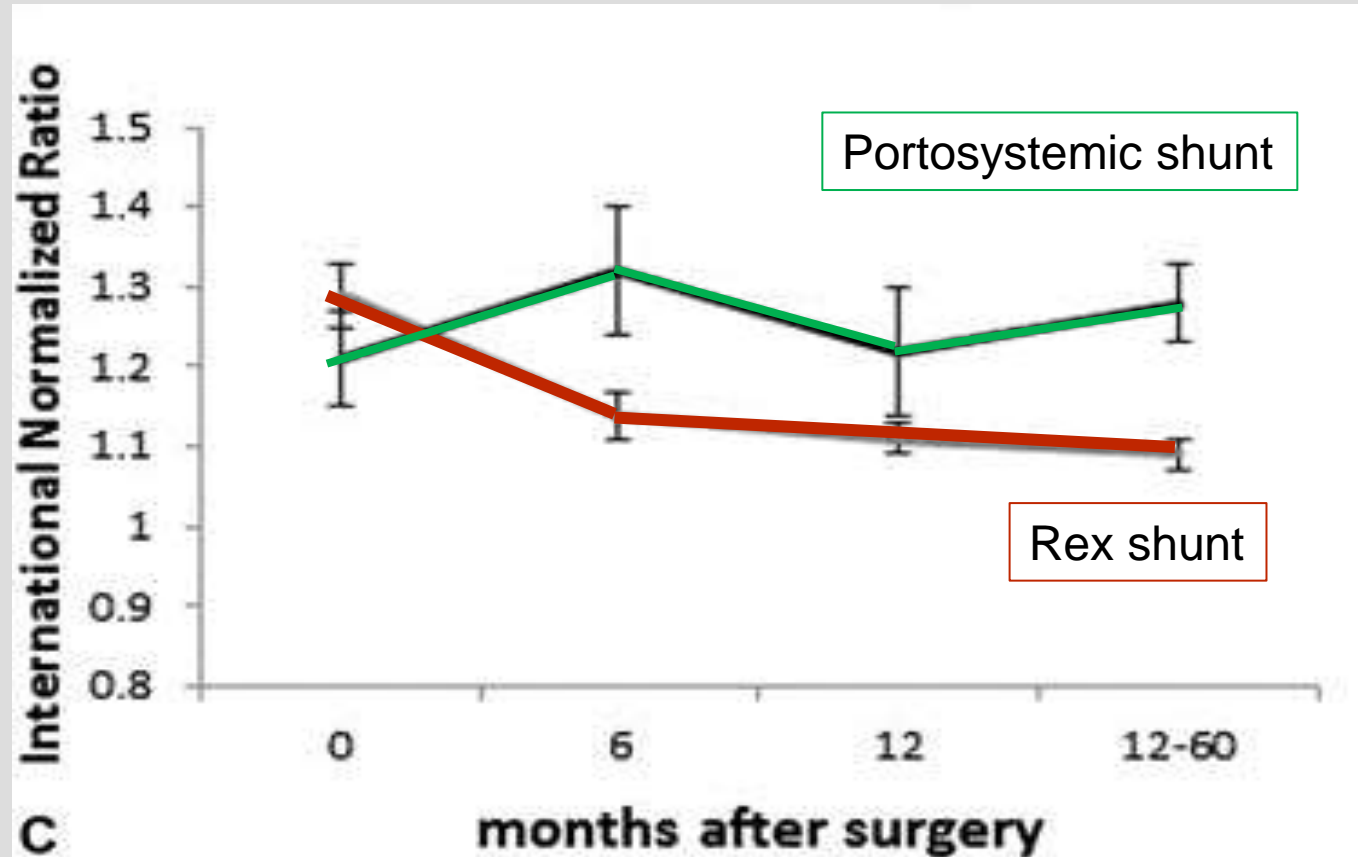


Protein C



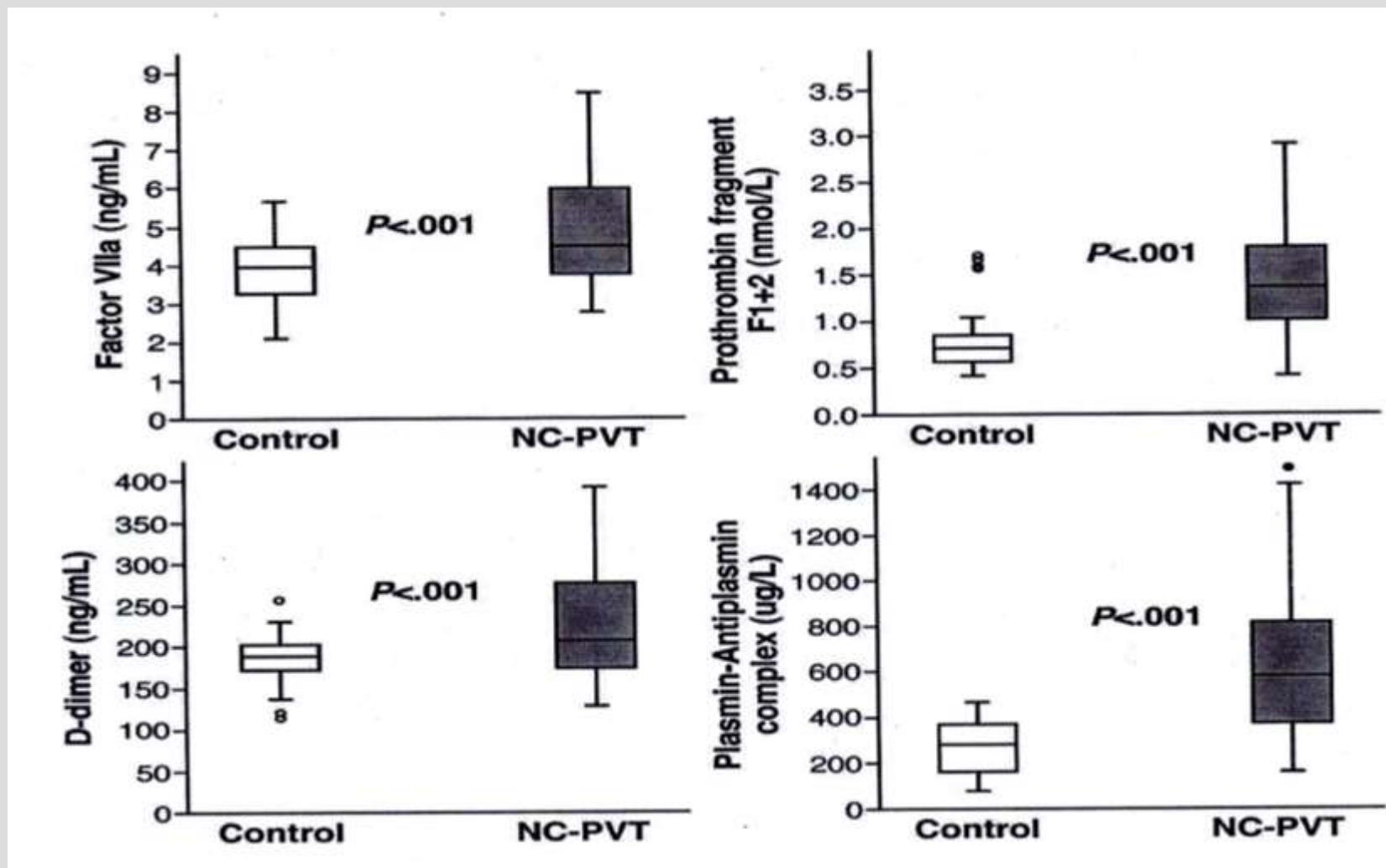
Protein S





Laut. J Am J Coll Surg 2013.

Hypercoagulability in patients with PVT



Hypercoagulability in patients with PVT

PT and aPTT	Increased	20%
Coagulation factors II, V, VII, IX-XII	Decreased	8-30%
Anticoagulant factors Factor VIII, vWF	Decreased	17-27%
ADAMTS-13	Decreased	20%
ETP without TM	Unchanged	NS
ETP with TM	Increased	18%

Recent symptomatic PVT - Natural history

	%
• Spontaneous recanalization ¹⁻³	0
• Complications:	
- Intestinal ischemia ⁴⁻⁷	
- Pure PVT	0
- SMV thrombosis	50
- Mortality rate	50
- Portal hypertension ⁸	100

¹ Baril, Am J Surg 1996. ² Condat, Hepatology 2000. ³ Turnes, Clin Gastroenterol Hepatol 2008

⁴ Harnik, Vascular Med 2010. ⁵ Kumar, NEJM 2001. ⁶ Morasch J Vasc surg 2001.

⁷ Brunaud, J vasc surg 2001. ⁸ Plessier, Hepatology 2011

Chronic PVT/Portal cavernoma

Natural history

- Related to portal hypertension
 - Gastrointestinal bleeding
 - Portosystemic encephalopathy
- Related to cavernoma
 - Portal cavernoma cholangiopathy
- Related to prothrombotic conditions
 - New thrombosis

Non-cirrhotic, non-malignant PVT

Local factors

- Inflammation: Splanchnic organs
 - Cancer: Gastrointestinal
 - Venous injury: Splenectomy
 - Venous stasis: Obliterative portal venopathy
-

308 patients with splanchnic vein thrombosis
(98 Budd-Chiari syndrome; 210 Portal vein thrombosis)

With JAK2V617F
(N = 56)

Without JAK2V617F
(N = 252)

Spleen size \geq 17 cm and
platelet count $>$ 200/ μ L
(N = 7)

Spleen size $<$ 17 cm or
platelet count $<$ 200/ μ L
(N = 245)

**CALR mutation
(N = 4)**

Without JAK2^{V617F} or
CALR or MPL mutation
(N = 3; 2 MPD and 1
under investigation)

**CALR mutation
(N = 1)**

Without JAK2^{V617F} or
CALR or MPL mutation
(N = 244)

MPN
(N = 6)

No MPN
(N = 238)

Extrahepatic Portal Hypertension

Elective (central) PS Shunts

	Orloff <i>n=200</i>	Pande <i>n=94</i>	Warren <i>n=29</i>
Operative death - %	0	1	2
Follow-up - yr	~15	~5	~7
Rebleeding - %	2.5	10	10
Overall mortality - %	5	10	0

Orloff, J Am Coll surg 2002. Pande, BMJ 1987. Warren Ann Surg 1988

Similar results in Pal, J Gastro Hepato 2013, for primary prophylaxis

Waist circumference in PVT patients men > 102 cm, woman > 88 cm

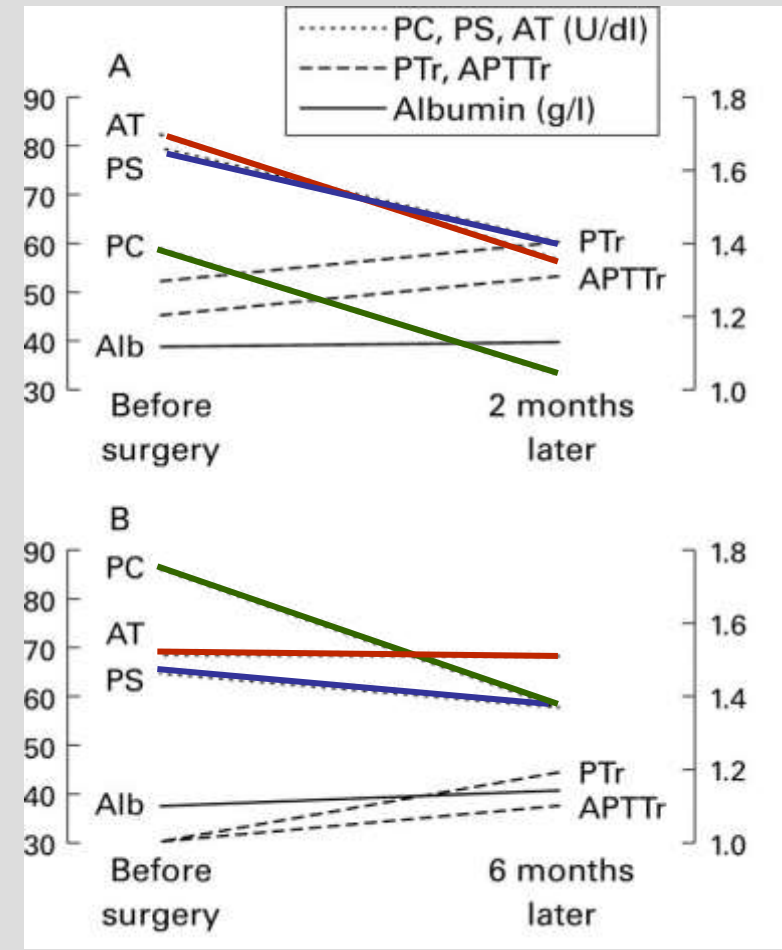
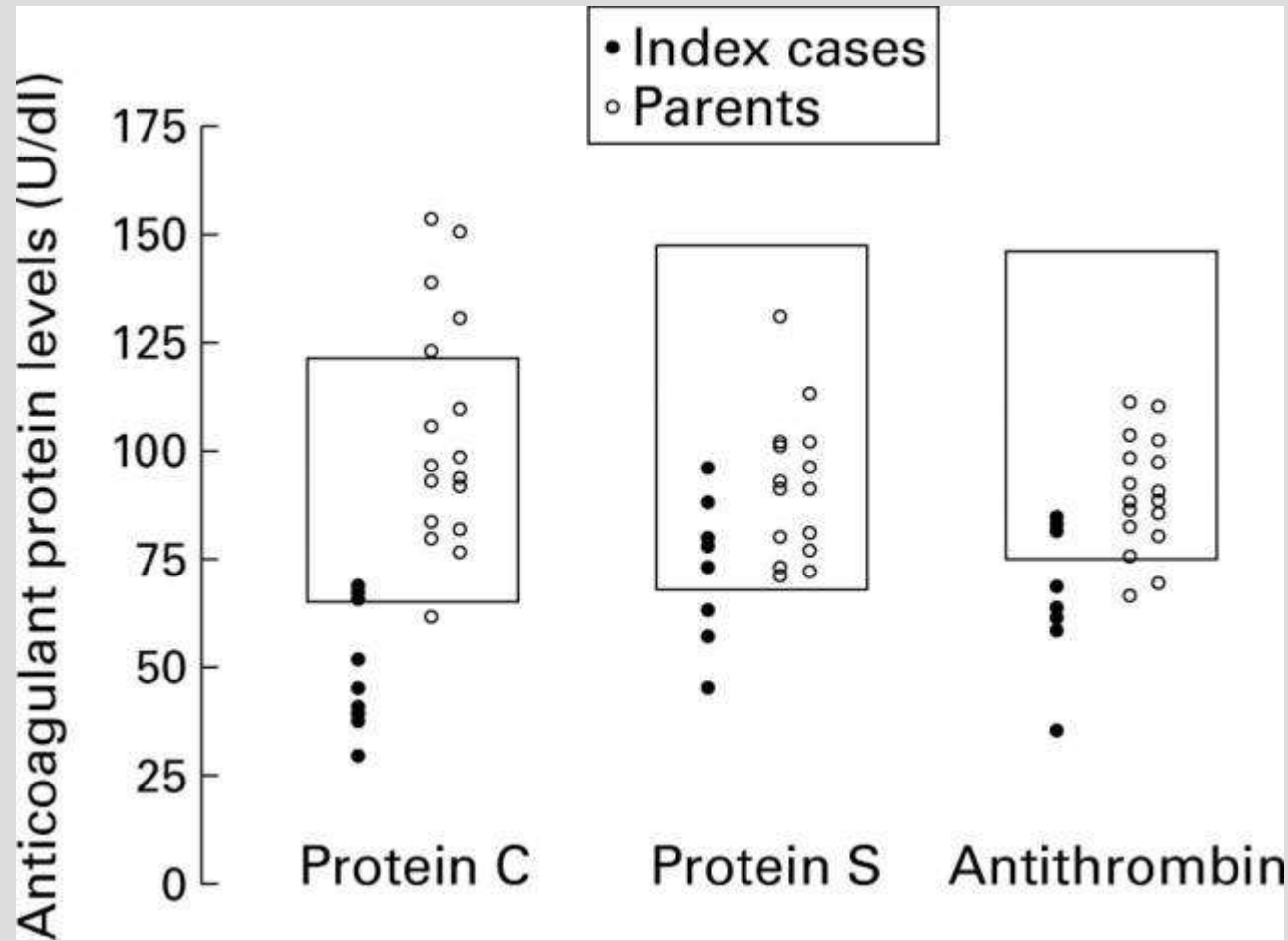
With a cause	Controls	Idiopathic	Controls
n=40	n=40	n=39	n=39
34.2%	25.0%	74.4%	28.2%
$P = 0.58$		$P = 0.001$	

Waist circumference in PVT patients men > 102 cm, woman > 88 cm

0.002

With a cause	Controls	Idiopathic	Controls
n=40	n=40	n=39	n=39
34.2%	25.0%	74.4%	28.2%

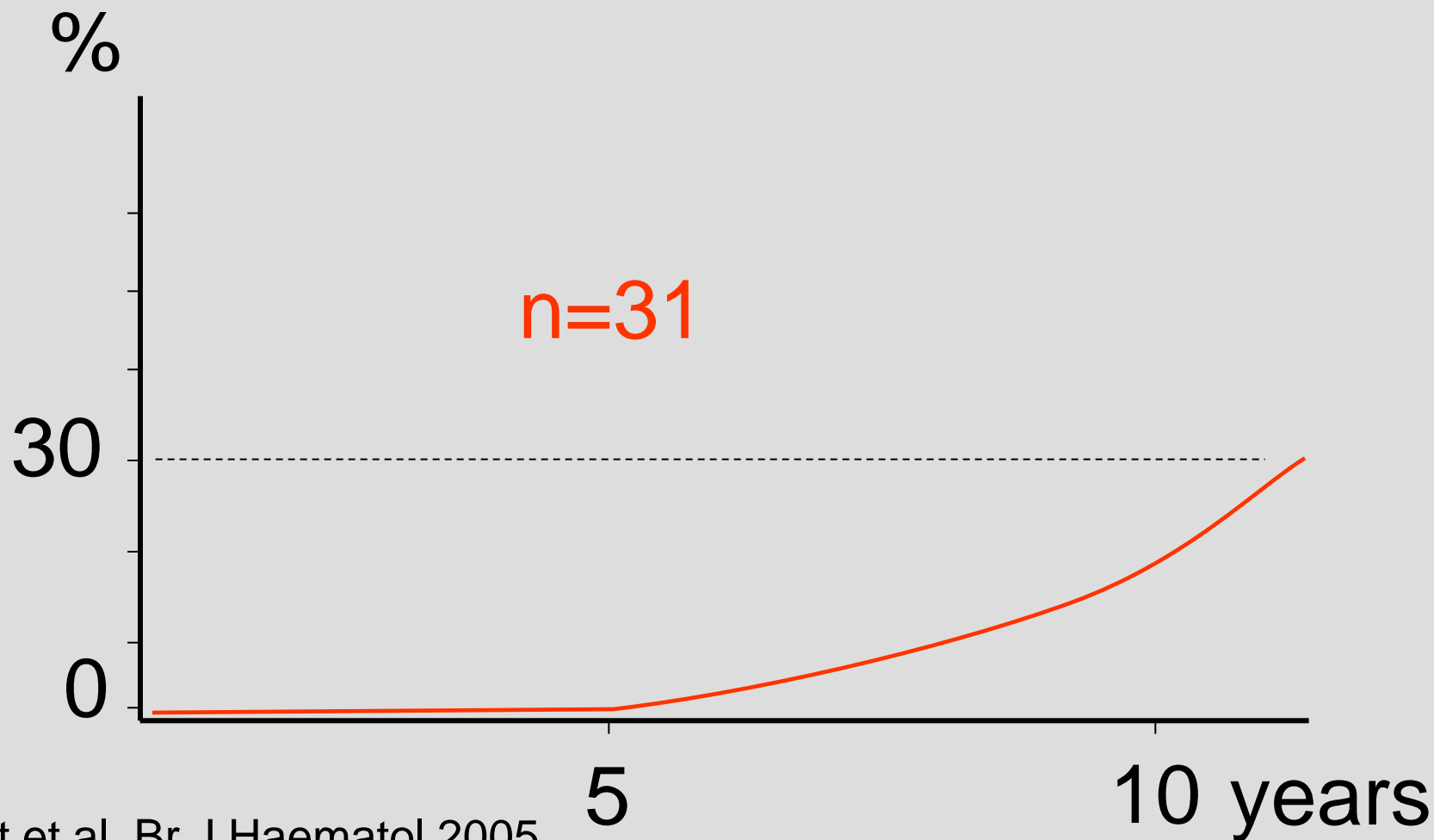
Coagulation Inhibitors and PVT



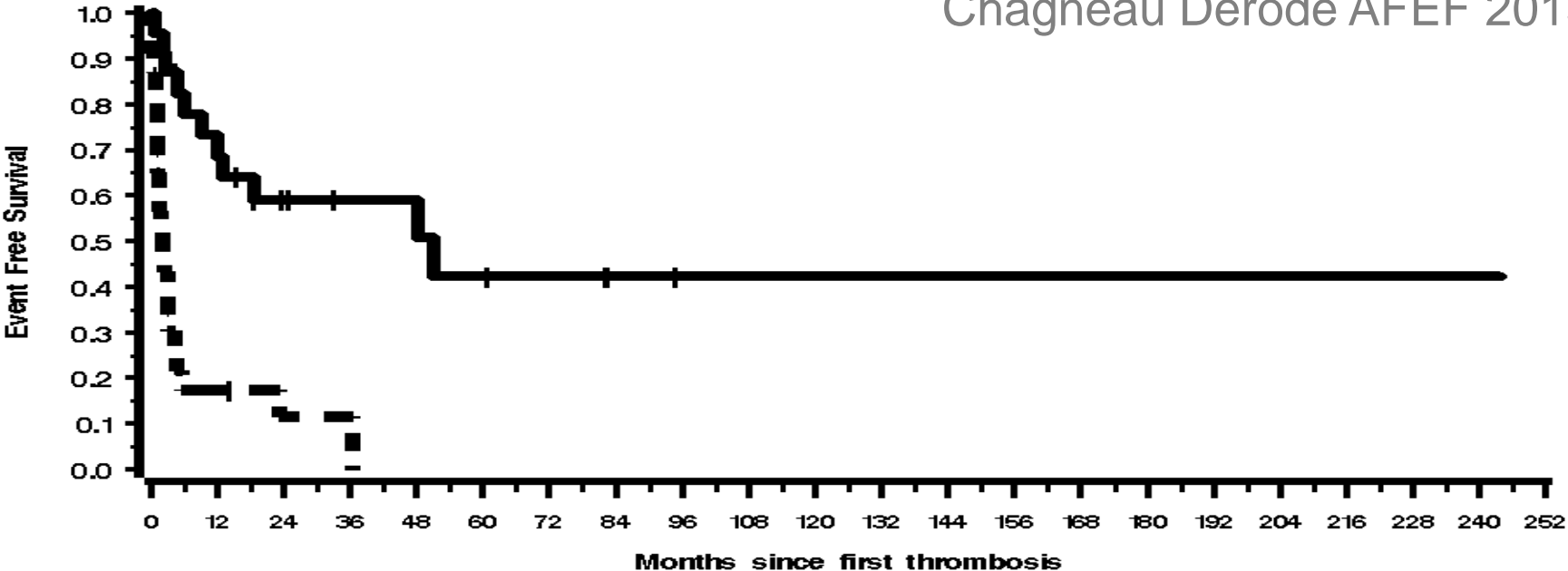
Site specificity for thrombosis in prothrombotic disorders

	HVT	PVT
Myeloproliferative neoplasms	+++++	+++
PNH	++++++	
Oral contraceptives	++	
Factor V Leiden	+++	+
Factor II gene mutation		++
Local factor <i>Central obesity</i>		+++

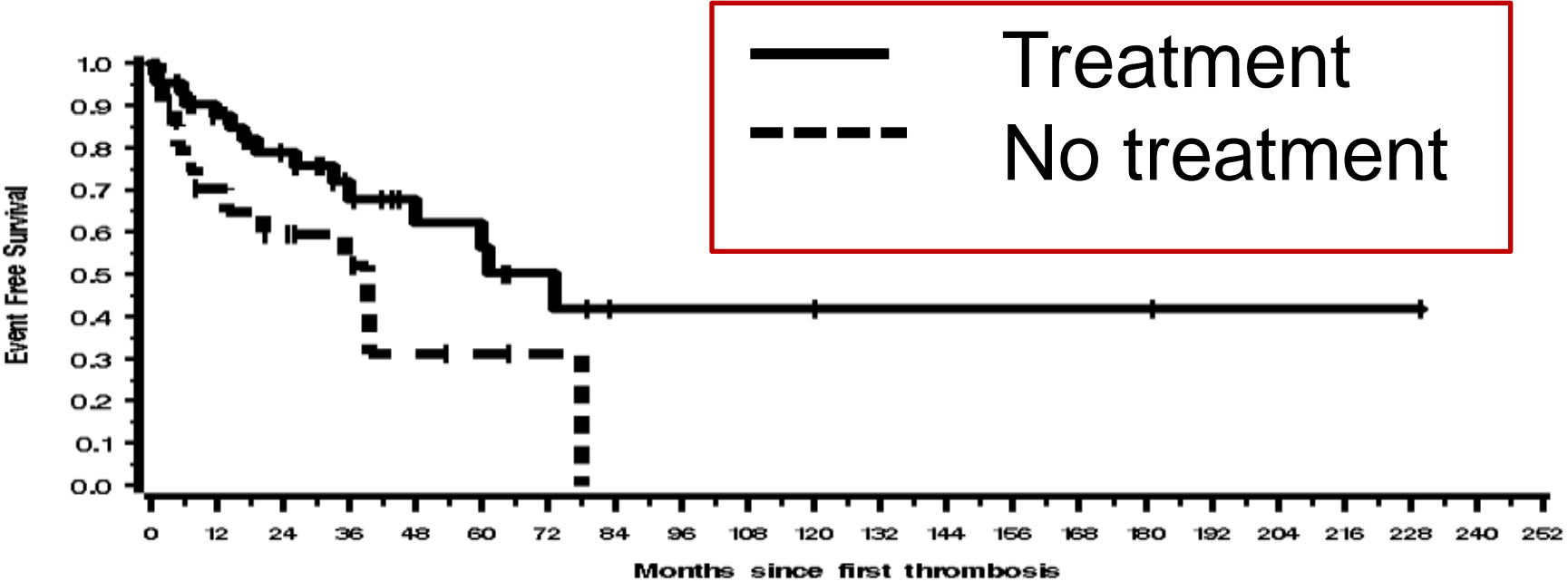
Transformation of MPN in patients with splanchnic vein thrombosis



BCS



PVT

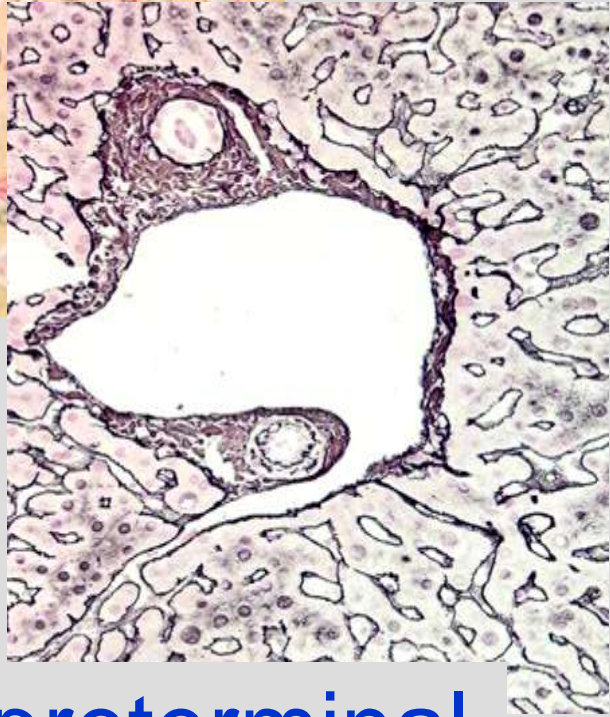
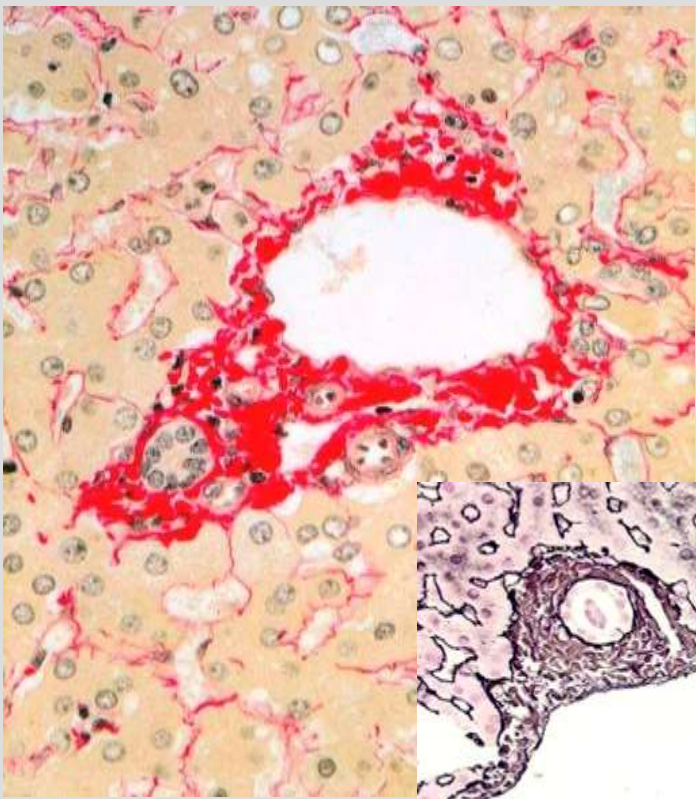


Portal Cavernoma Cholangiopathy

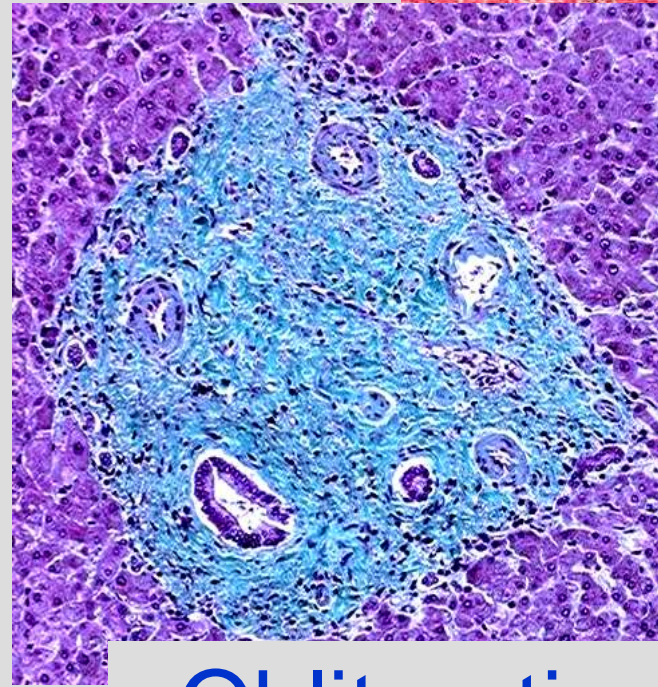
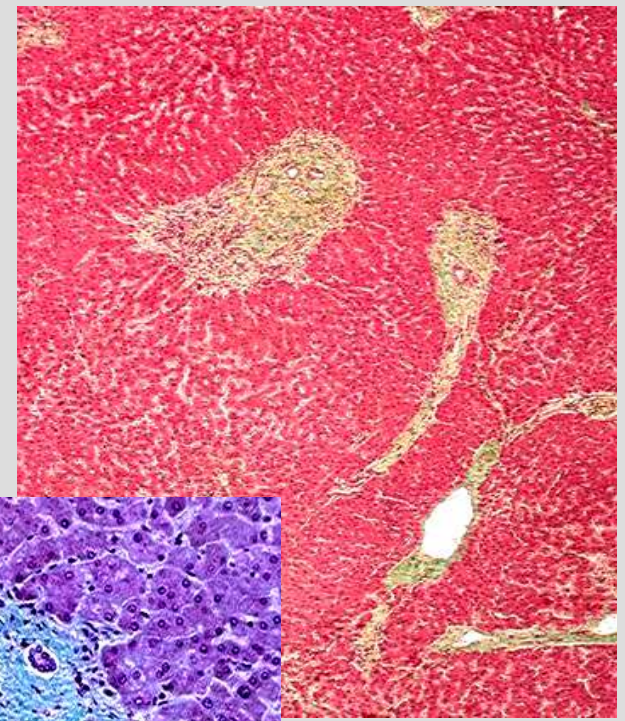
- Gross bile duct alterations almost constant, but rarely symptomatic (up to 20%).
- Biliary ectasias predictive for symptoms.
- In anticoagulated patients, severe forms develop within a year or do not. In non-anticoagulated patients, a late complication.
- Manage symptomatic patients with endoscopic sphincterotomy and protheses; consider porto-systemic shunting; consider surgical bypass.

Condat, Hepatology 2003. Llop, Gut 2011.

Dhiman, J Clin Exp Hepatol 2014

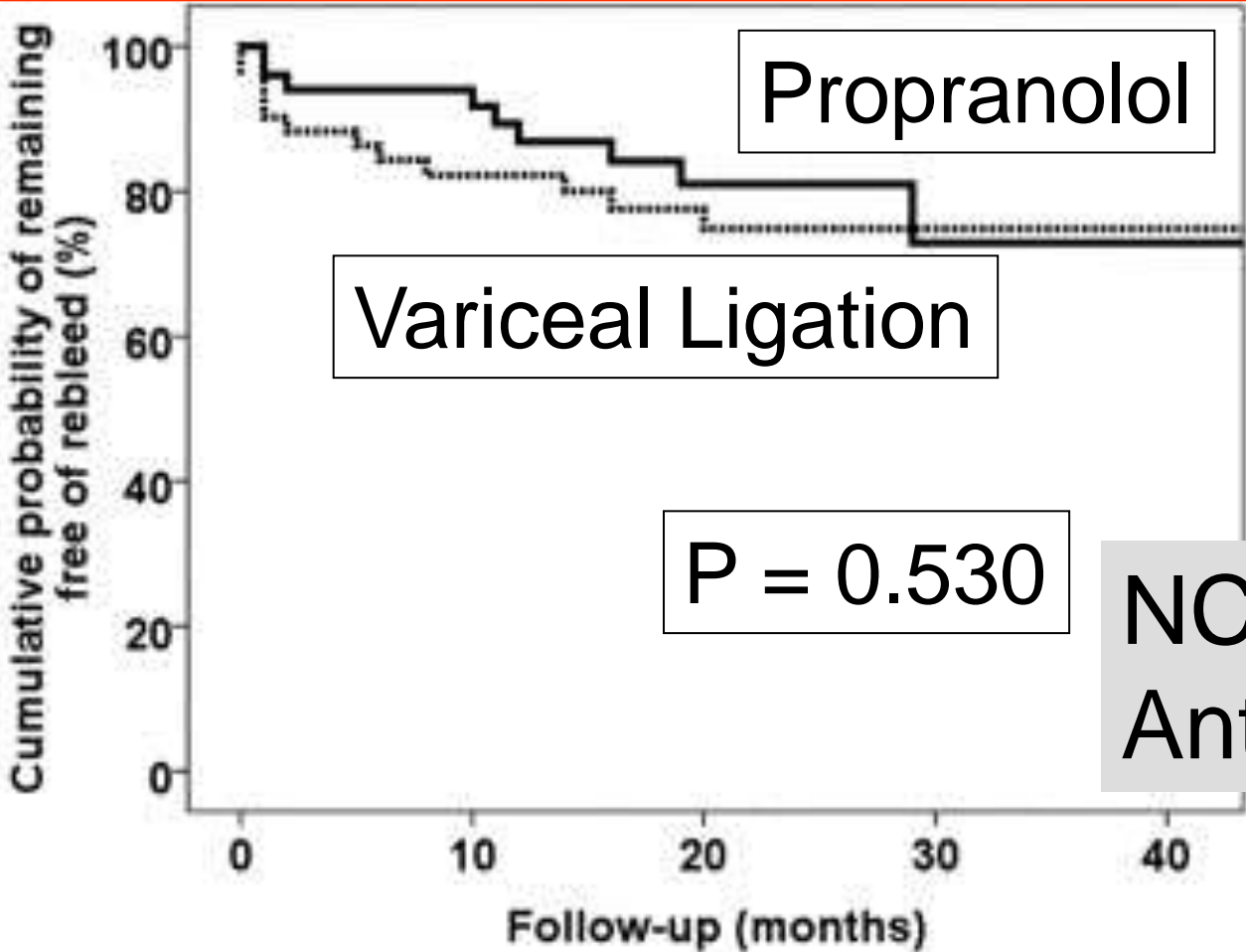


Normal preterminal
portal venules



Obliterative portal
venopathy

Secondary prophylaxis for PHT Bleeding



~ 20% at 2 yr

NCIPHT
Anticoagulation=0

Patients	EVL:	51	39	27	12	3
at risk	BB:	50	40	23	9	6

EVL and anticoagulation

	PVT & VKA	PVT no VKA
EVL proc.	121	130
Bleeding	7%	5%
Eradication	71 %	85 %
N. procedures	5,6	5,8

Christol. ILC 2012. 75% secondary prophylaxis

EVL, bleeding and anticoagulation

	PVT & VKA	PVT no VKA
Hospitalisation	75 %	69 %
Days in hospital	7,4	11
Days in USI	2,3	0,6
Blood units	3,2 ± 1,9	4,2 ± 2,2

Portal vein thrombosis and MPN

- 137 PVT patients (47 JAK2^{V617F})
- Mean follow-up 5.5 years

→ No impact of JAK2^{V617F} on OS or EFS

Causes of death in SVT patients

Vascular disease	BCS	SVT	PVT
Number	156	128	120
F-u - <i>months</i>	50	72	66
Non liver-related - <i>N</i>	24	14	29
MPN - <i>N</i>	4	3	6
Bleeding - <i>N</i>	3	NA	5
Thrombosis - <i>N</i>	0	NA	3
Other/Unknown - <i>N</i>	17	NA	15

Causes of death in SVT patients

Vascular disease	BCS	SVT	PVT	PVT/MPN
Number	156	128	120	44
F-u - <i>months</i>	50	72	66	70
Non liver-related - <i>N</i>	24	14	29	17
MPN - <i>N</i>	4	3	6	8
Bleeding - <i>N</i>	3	NA	5	0
Thrombosis - <i>N</i>	0	NA	3	3
Other/Unknown - <i>N</i>	17	NA	15	6

PVT Causes of Death

120 patients (1985-2008)

Follow-up 5.5 years (range 0.1–32.5 years)

Death	29
Bleeding (EV)	5 (2)
Thrombosis	3
Progressive MPN	6
Infection	3
Other/unknown causes	12