# Anticoagulation Therapy for Liver Disease: A Panacea ?

#### Dominique-Charles Valla Hépatologie, Hôpital Beaujon,

AP-HP, Université Paris-Diderot, and Inserm UMR 773 Clichy, France Nothing to disclose

# Acute or Chronic Liver Disease

Portal hypertension Liver dysfunction



## Sepsis Multiorgan failure

#### Anticoagulation Therapy for Liver Disease

- Vascular diseases of the liver
- Parenchymal diseases of the liver

#### **Vascular Liver Diseases**

Hepatic veins thrombosis (BCS) SOS/VOD **IPH/OPV/NRH** Portal vein thrombosis

# Risk Factors for Venous Thrombosis in Patients with Splanchnic Vein Thrombosis

	HVT	PVT
<ul> <li>At least one</li> </ul>	84%	67%
<ul> <li>Multiple</li> </ul>	46%	18%
<ul> <li>Local factor</li> </ul>	5%	21%

Murad. Ann Intern Med 2009. N = 163. Plessier. Hepatology 2010. N = 102

Prothrombotic Diseases in HVT & PVT				
	HVT	PVT		
Myeloproliferative neoplasms %	50	35		
Antiphospholipid syndrome %	15	15		
Inherited disorders %	35	35		
Others (PNH, Behcet, IBD,) %	10	10		

Hirschberg J Hepatol 2000. Janssen, Blood 2000. Denninger, Hepatology 2000. Primignani, Hepatology 2006. Murad, Ann Intern Med 2009. Plessier, Hepatology 2010.

#### **Vascular Liver Diseases**

#### Hepatic veins thrombosis (BCS)



#### Primary BCS – Natural History



#### BCS : Improved Survival Over 3 Decades



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Valla, D-C Gut 2008;57:1469-1478



#### EASL CPG and Baveno VI Recommendations, 2015

J Hepatol 2015

#### **BCS - Current Survival**



#### BCS - Major Bleeding on Anticoagulation Therapy

	Ν		Dea	aths
Permanent anticoagulation	139	89%		
Bleeding	24	17%	3	2%
Portal hypertension	1	4	2	2
Intracranial		3	1	
Other		7	C	)

Seijo. Hepatology 2013

#### Anticoagulation for BCS

- Acceptable pathophysiological rationale.
- Circumstancial clinical evidence for a favorable benefit:risk ratio.
- Still high incidence of adverse events related to anticoagulation therapy.
- Solid evidence unlikely to appear soon due to rarity. Solid expert consensus.

#### **Vascular Liver Diseases**



#### **Portal Vein Thrombosis**

#### Intestinal Ischemia



Bleeding Ascites MOF Uncomplicated Acute PVT



Abdo<sup>minal</sup> Pain SIRS **Chronic PVT** 

Bleeding Encephalopathy Cholangiopathy

#### Non-cirrhotic, non-malignant PVT Treatment

Preventing potentially lethal complications

- Intestinal infarction
- Recurrent thrombosis
- Portal hypertension

#### Recent PVT. Anticoagulation in 95 Patients



\*Limited intestinal resection. Both survived. \*\*Malignancy 1. Sepsis 1

Plessier. Hepatology 2010. Hmoud, J Clin Exp Hepatol 2014

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#### Non-cirrhotic, non-malignant PVT Treatment

Preventing potentially lethal complications

- Intestinal infarction
- Recurrent thrombosis
- Portal hypertension

#### Anticoagulation for recent (acute) PVT

#### Anticoagulation

No anticoagulation

# Complete Partial recanalization recanalization Recanalization

38.3% 14.0% << 17%

Hall. World J Surg 2011

#### **Recent PVT: EN-Vie Cohort**

#### EN-Vie Cohort: 95 anticoagulated patients



Plessier. Hepatology 2011. Hall. Hepatogastroenterol 2013

#### **Portal Vein Thrombosis**



#### Chronic PVT



Bleeding Encephalopathy Cholangiopahy

#### PVT – Anticoagulation and bleeding

#### Bleeding

17 p = 0.212

Anticoagulation Condat, Gastroenterology 2001



#### **PVT - Severity of Bleeding**

No impact of anticoagulation therapy on

Hemoglobin (g/dL) Length of stay (days) Transfusion (N units)

Condat, Gastroenterology 2001. Spaander, JTH 2013. Christol, ILC 2012

#### Noncirrhotic Splanchnic Vein Thrombosis



From Ageno, JAMA Intern Med 2015

#### Anticoagulation for PVT without cirrhosis

- Allows recanalization in 40% of patients seen at the acute stage.
- Prevents extension/recurrence of thrombosis.
- May improve long-term outcome in patients with extensive thrombosis.
- Does not appear to increase the severity of PHT-related bleeding.
- Has unclear impact on the risk of bleeding.

#### PVT: Unresolved treatment issues

- $\rightarrow$  Permanent anticoagulation therapy for all?
- $\rightarrow$  Which criteria for a precision medicine ?
  - Degree of venous involvement
  - Causes and risk factors
  - Personal or familial history

#### RIPORT A randomized control trial in patients without highly prothrombotic conditions or previous intestinal ischemia

#### Anticoagulation therapy for liver disease

- Vascular diseases of the liver
- Parenchymal diseases of the liver

#### **Parenchymal Liver Disease**

- Coagulation and hepatic fibrogenesis
- Coagulation anomalies in liver disease
- Thrombosis and cirrhosis progression

# Chronic Liver Disease Fibrogenesis Coagulation Cirrhosis

Decompensated Cirrhosis

#### Murine models

Levy. Hepatology 1983. Neubauer. Gastroenterology 1995 Marsden JCI 2003



Anstee. Clin Res Hepatol Gastroenterol 2011

Liver

Injury

#### **CCI4 Murine Model**

#### C57BL/6 C57BL/6 Control FVL Mutant

#### Four weeks Low power

Four weeks High power



Anstee. J Thromb Haemost 2008



#### **CCI4 Murine Model**

C57BL/6 C57BL/6 C57BL/6 Warfarin Control FVL Mutant

Four weeks Low power

Four weeks High power



Anstee. J Thromb Haemost 2008

#### Murine model of congestive hepatopathy



Simonetto, Hepatology 2015

#### **Parenchymal Liver Disease**

#### Coagulation and fibrogenesis

- Coagulation anomalies in liver disease
- Thrombosis and cirrhosis progression

### **Coagulation in Cirrhosis**

- Platelet counts decreased
- Factor II, VII, IX and X levels decreased
- Tissue factor levels increased
- Coagulation factor VIII increased
- Von Willebrandt factor increased
- Clearance of activated factors decreased
- Coagulation inhibitors decreased

#### Cirrhosis as a Prothrombotic State ?

- Maintained thrombin generation potential in plasma in vitro
- In vitro resistance to the anticoagulant action of thrombomodulin (↑ factor VIII, ↓ protein C)
- TAT, D-dimers and TF microparticles increased
- Moderate increase in the risk of DVT

#### **Parenchymal Liver Disease**

- Coagulation and fibrogenesis
- Coagulation anomalies in liver disease
- Thrombosis and cirrhosis progression



#### **Explanted Cirrhotic Livers**



#### 40 % intrahepatic PV thrombosed

Wanless, Hepatology 1995. Shimamatsu, Hepatology 1997

#### Extrahepatic Portal Vein Thrombosis in Cirrhosis



Nery, Hepatology 2014. Maruyama, Am J Gastro 2013. Luca, Radiology 2012

#### Extrahepatic Portal Vein Thrombosis in Cirrhosis



Associated with severity in cross-sectional studies

#### Inconsistent impact on mortality in follow-up studies

Nery, Hepatology 2014. Maruyama, Am J Gastro 2013. Luca, Radiology 2012 Englesbe. Liver Transplant 2010. SRTR 22,291 listed candidates. Occlusive PVT 4.02%

## Advanced Cirrhosis



PVT

Advanced Cirrhosis

#### **THROMBOCIR Study**

- 1243 patients, Child A-B, median f-up 47 mo
- Baseline features, F.V & F.II Leiden
- Portal vein thrombosis, portal flow velocity, liver disease progression

Progression
$$PVT$$
BothN = 355N = 118N = 52

US-Doppler screening for HCC q 3 or 6 mo. Trinchet, Hepatology 2011 Nery, Hepatology 2014

#### PVT and severity of cirrhosis

- Time dependent analysis for PVT

   → Severity of liver disease at baseline
   Not : progression of liver disease
- Time dependent analysis for progression
   → Age, severity of liver disease at baseline
   Not : PVT







### Portal vein Thrombosis

Nery. Hepatology 2014

### Advanced Cirrhosis



### Portal vein Thrombosis

#### PVT Prophylaxis – Cirrhosis (CTP B7-C10)

#### Control Enoxaparin

N. of patients	36	34
Partial PVT	3	0
Complete PVT	3	0
Decompensation	19	4

Villa. Gastroenterology 2012. Enoxaparin 4.000 UI/d, for 12 mo.



Villa. Gastroenterology 2012. Enoxaparin 4.000 UI/d, for 48 weeks.

# Advanced Cirrhosis

Enoxaparin

# Portal Vein Thrombosis

Villa, E. et al. Gastroenterology 2012 Nery, F. et al The Liver Meeting 2013. Communication #127

# Anticoagulation therapy (AT) for PVT in cirrhosis

#### Complete recanalization 41.5%

#### Major AT related complication 3%

AT related death

OR for recanalization 4.16 (1.88-9.20)

Qi, Eur J Intern Med 2014

Anticoagulation for Parenchymal Liver Disease (I)

- Detrimental role of coagulation activation in hepatic fibrogenesis.
- Favorable effect of anticoagulation in animal model of hepatic fibrogenesis; to be ascertained in patients.
- Thrombin generation potential normal or increased in patients with cirrhosis.
- Intrahepatic thromboses associated with severe disease.

Anticoagulation for Parenchymal Liver Disease (II)

- PVT is a marker, but not a direct cause, for progression of liver disease.
- A common determinant to PVT and progression would best explain the findings.
- This common determinant could be targeted by enoxaparin therapy.
- Curative therapy for PVT has not yet been shown to ameliorate outcome

#### Anticoagulation for Parenchymal Liver Disease (III)

- In waiting for additional data from randomized controlled trial,
- Anticoagulation can be considered in patients with cirrhosis and established portal vein thrombosis when
  - in a context of acute intestinal ischemia;
  - there is an associated highly prothrombotic condition;
  - the patient is a transplant candidate

Collaborations

# Hôpital Beaujon A. Plessier, PE.Rautou, B. Condat, E. de Raucourt, L. Boudaoud, A. Sibert, V. Vilgrain, D Cazals Hatem, V. Paradis, P. Bédossa, O. Goria, JJ Kiladjian

#### Réseau Français des Maladies Vasculaires du Foie

European network for vascular diseases of the liver (VALDIG) (JC. Garcia-Pagan, H. Janssen)

Progression of Fibrosis in Experimental Cirrhosis

- Hypoxia is associated with angiogenesis and the progression of fibrosis
- Hypoxia induces VEGF and Collagen 1 expression in stellate cells

#### Transjugular Intrahepatic Porto-Systemic Shunt (TIPS)

